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MUNCHIES FOR THE KIDS
SNACK ON THE GO WITH GRANOLA BALLS {page 36}

ADIEU
FASHION FINALE IN PARIS
STYLE {page 20}

TORONTO metro®
Thursday, March 10, 2011
www.metronews.ca
News worth sharing.

Auction.

▶ The communications club surrounds an autographed Justin Bieber running shoe held by student Jessica Eaton at Bieber's former school, Stratford Northwestern Secondary, in Stratford yesterday.

DAVE CHIDLEY/THE CANDIAN PRESS

Bieber's sneaker up for grabs

Justin Bieber donated a pair of purple Nikes to his old school, and the right shoe is on the block until 12:39 p.m. today.

March break a time for family

Take your pick of activities in or out of the house {pages 30-35}

Libyan oil goes up in flames

Gadhafi claims victory upon recapturing key city {page 10}

Pirated TV allegedly sold to tenants

Bell, Shaw suing for $10M each in damages

When Heather Millard moved into her apartment at 150 Graydon Hall Dr., she was offered an affordable cable television package from a company she had never heard of.

It was called Accelerated Digital and could be hooked up right away.

"We thought it was absolutely, completely legit," said Millard, 32.

But when her channels started to flip around mysteriously — one day Channel 66 was BET, the next it was BBC — she knew something wasn't right.

Millard believes she was paying for pirated television. Accelerated Digital and the owners of her building are now being sued by Bell ExpressVu and Shaw Direct for allegedly stealing satellite television signals and selling the service to tenants in her apartment building and two others on Graydon Hall Drive.

"I would never buy stolen items," said a frustrated Millard, who now has no cable at all.

Accusations

▶ In Bell's statement of claim, filed Jan. 24, the company accuses Accelerated Digital of conspiring with the owners of three apartments on Graydon Hall Drive and defrauding the satellite companies "in a high-handed, malicious and reprehensible fashion." Shaw filed a companion action on the same day.

Both lawsuits name multiple defendants and their aliases, including Kurt Pieckenhagen, who is listed as president of a numbered company that owns the three North York buildings, located at 50, 100 and 150 Graydon Hall Dr.

Other defendants include Pieckenhagen's wife, Julita, various companies linked to the family and four people named as their children. The couple's son, Curt-Michael Pieckenhagen, is director of Accelerated Digital, according to the claim. TORSTAR NEWS SERVICE

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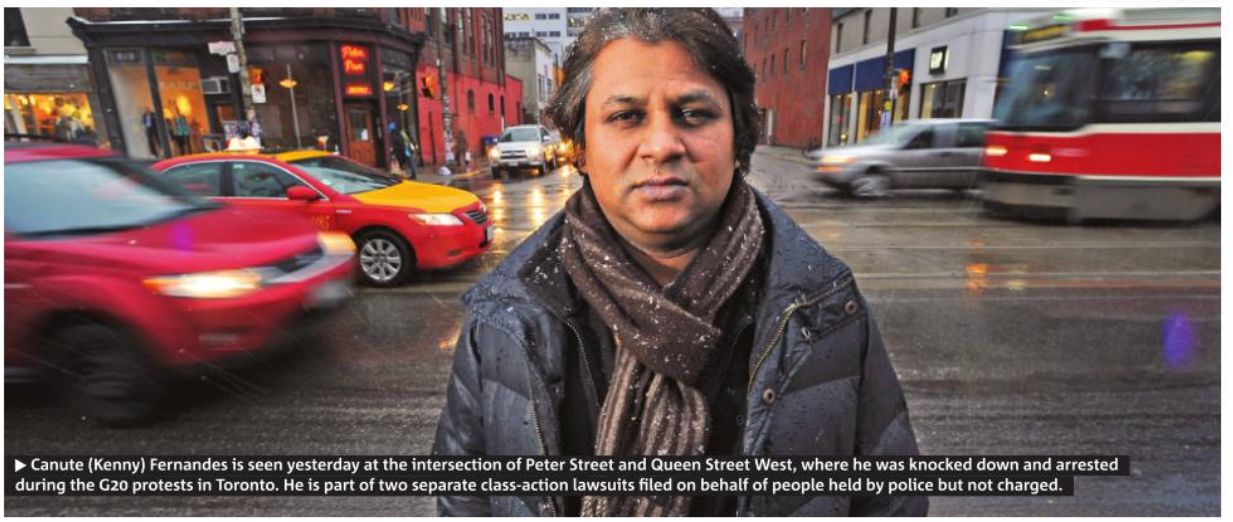

▶ Canute (Kenny) Fernandes is seen yesterday at the intersection of Peter Street and Queen Street West, where he was knocked down and arrested during the G20 protests in Toronto. He is part of two separate class-action lawsuits filed on behalf of people held by police but not charged.

Video spurs SIU to reopen G20 case

New footage from Reuters shows Canute Fernandes wincing as he's dragged by police officers
His ordeal was one of six G20 cases originally probed and closed by SIU in late November

A Bay Street analyst who checked out the G20 protests on a lark but left in handcuffs is relieved that his SIU case has been re-opened.

Canute (Kenny) Fernandes, 42, a senior business analyst at BMO, was overrun and injured his shoulder during the protests on June 26. The Special Investigations Unit has been unable to determine whether civilians or police caused the injuries.

But the SIU announced yesterday that new video showing the arrest of Fernandes was received over the weekend from Reuters.

The footage does not show the moment Fernandes was overrun, but SIU investigators hope two civilian witnesses in the video can shed light on what happened. Stills of the footage show one may have had a camera.

Initially, the SIU interviewed eight police witnesses and three civilians, but there wasn't enough information to determine who was responsible for Fernandes' injuries.

Fernandes said he alerted the SIU to a YouTube video of the incident on Feb. 8. Acting on a tip, the SIU tracked down the raw footage and received the higher-quality images over the weekend, said spokesman Frank Phillips.

Fernandes had been watching a World Cup match at his home near Queen Street West when his friends called him to check out the protests. He met them around 6 p.m., when people were starting to take photos of a burned-out police cruiser in the Queen and Spadina area.

In the next half hour, Fernandes watched from what he considered to be a safe distance as someone set a second cruiser on fire. Around the same time, police rushed toward the civilians who had gathered in the area, he said.

"I told them it was the police, there was no possible way any civilians did it. They had all run past us."
CANUTE FERNANDES ON SPEAKING TO THE SIU

"I was standing with my back toward Spadina ... talking to my friend and she suddenly said, 'Run!'" Fernandes recalled.

"I turned back to see why ... The next thing the cops threw me down ... I fell straight onto my right shoulder."

He said after he was dragged out of the way, five to seven officers pressed their knees against his body to hold him down.

He said he was Tasered in the mouth when he was unable to move his injured arm from under his body to be handcuffed. He was later taken to the Eastern Avenue detention centre, but was not charged.

"All this time I was telling them the arm was broken and needed attention," he said. "I asked at least 10 to 15 officers to give me a sling or even a garbage bag. No one was ready to give it to me."

Fernandes said he was taken to hospital at 1:30 a.m. **TORSTAR NEWS SERVICE**

1 news

U.S. testimony on Muslim radicalization fails to match the furor. Scan code for story.

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Police waging high-tech war on child porn

They discovered 22 computers accessing shady Internet sites But they won't say how they did it

Halton police say new technology is helping them pinpoint predators in their war on child pornography.

Det.-Sgt Brad Cook said yesterday a recent one-second snapshot of Internet use showed six Oakville computers, seven in Burlington, four in Halton Hills and five in Milton were accessing child pornography sites at the same moment.

But Cook said police won't reveal their Internet secrets for fear of giving an upper hand to those who troll child porn sites.

Halton is among 18 police services across Ontario involved in a joint forces strategy to protect children from sexual abuse and exploitation.

OPP Staff Sgt. Frank Goldschmidt, the program manager, said sharing expertise and technology allows police to more easily seek out Internet predators.

"They're always a step ahead of us, but we're not too far behind," Goldschmidt said.

Halton police also announced the arrests of four men for the alleged possession and distribution of child pornography over the Internet.

The arrests came after a two-month investigation revealed widespread access to porn sites.

TORSTAR NEWS SERVICE

Four arrested

Halton police have announced the arrests of four men.

Charged with possessing child pornography and making it available are Robert Knight Bowley, 31, of Bluefields Crescent, Burlington; Cody Crocker, 20, of Watson Avenue, Oakville; Gerald Legere, 62, of McFarland Court, Campbellville; and Andrew Rutledge, 18, of Parkgate Crescent, Burlington.

Toronto. The man of Music Week

▶ Nikki Sixx arrives at Pearson International Airport last night with his girlfriend, Courtney Bingham.

TODD GILLIS/FOR METRO

Sixx-th sense tells you, he's hot

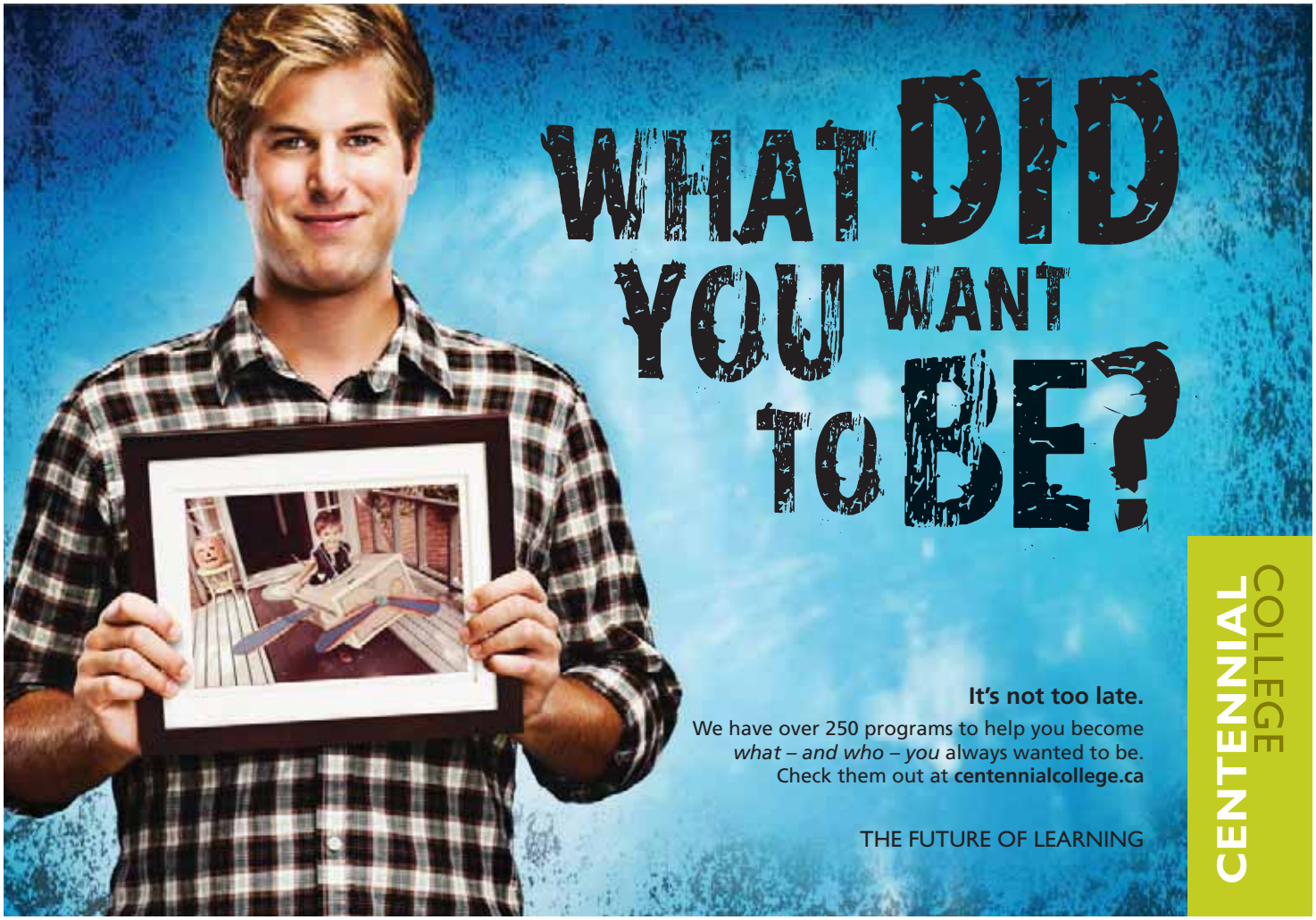
Nikki Sixx is in Toronto. That's right — the musician, songwriter, author, fashion designer and photographer. But you probably know him better as the celebrated co-founder and bassist of Mötley Crüe. Sixx is in the city for Canadian Music Week, where he will proudly talk about his new book and album — both titled This is Going to Hurt.

Homeowners hit

1% The hike, which includes a one per cent levy, means taxes on a home assessed at $409,500 will go up by $113.81.

Mississauga residents face an overall increase of 2.8 per cent on their 2011 property tax bill, it was revealed yesterday.

TORSTAR NEWS SERVICE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TARA WALTON/TORSTAR NEWS SERVICE

▶ Sarah Thomson announced on her Facebook page she is making a bid for a seat in the Ontario legislature.

Running with the Grits

Former Toronto mayoral candidate Sarah Thomson says she's making a bid for a seat with the Liberals in the Ontario legislature

Sarah Thomson, the CEO of Women's Post magazine, announced on her Facebook page yesterday that she will run for the Liberals in the downtown Toronto riding of Trinity-Spadina.

Thomson says she chose the riding because that's where she lived when she first moved to Toronto and met her husband, Greg Thomson.

In the recent municipal election, she left the race before election day and threw her support behind George Smitherman.

Rocco Rossi, another former Toronto mayoral candidate and a former Liberal, is seeking the Progressive Conservative nomination in the Toronto riding of Eglinton-Lawrence.

THE CANADIAN PRESS

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City probes McCallion's arts-gala receipts

The City of Mississauga is investigating whether any laws were broken when charitable receipts were issued for Mayor Hazel McCallion's annual arts gala.

The receipts were issued to donors of the gala up until a few years ago, when the city handled the bookkeeping for the event. City staff and the gala's organizers have made it clear that it's not a city event; it's a private function managed by the gala's committee. The gala is not registered as a charity.

Staff was asked to look into the matter at yesterday's council meeting.

TORSTAR NEWS SERVICE

Penalties

It's not entirely clear what penalty could be imposed if the city is found to have broken the rules.

- Revenue Canada may issue an educational letter identifying the infraction and work with the recipient to remedy it.
- It can impose financial penalties if the infraction is serious and there's an unwillingness to comply.

Bird group to fight buildings in court

A volunteer group trying to publicize the plight of migratory birds who slam into the reflective glass of Toronto's office buildings is taking its fight to court next month.

On April 7, the managers of The Consilium Place office towers in Scarborough will answer to charges under the Environmental Protection Act and the Ontario Society for the Prevention of Cruelty to Animals Act.

"This could be a precedent-setting case and a conviction could send a message to other businesses," said Albert Koehl, a lawyer for Ecojustice, which brought the private charges.

Fines could be substantial, Koehl said. In addition, a provision could be made to order changes to the glass structure, which is thought to be a prime killer of migratory birds.

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Clashes between Christians, Muslims kill 13

New Egyptian cabinet ordered police to take back streets Less than half of security force back at work

Clashes between Muslims and Christians in Egypt left 13 dead and 140 wounded, deepening a sense of chaos as the police and ruling military struggled to maintain order barely a month after a popular uprising ousted longtime leader Hosni Mubarak.

The fighting began when a Muslim mob attacked thousands of Christians protesting the burning last week of a church in Soul, a village just south of Cairo.

The Muslims torched the church amid escalating tensions over a love affair between a Muslim woman and a Christian man. The relationship set off a violent feud between the couple's families. The woman's father and a cousin of the man were killed.

At one point in the battles, Christian protesters blocked a vital highway, burning tires and pelting passing cars with rocks.

In a sign of how much security has broken down, the pitched battles — the deadliest in years — went on for nearly four hours Tuesday night as both sides fought with guns, knives and clubs. Army troops fired in the air to disperse the crowds to no avail.

THE ASSOCIATED PRESS

Breakdown

Even before the uprising that toppled Hosni Mubarak, tensions had been growing between Christians and Muslims.

- Security officials said seven Christians and six Muslims were killed.
- The wounded were 72 Muslims and 68 Christians, according to the officials, who spoke on condition of anonymity because they were not authorized to speak to the media.
- Troops later arrested 20 people.

Mexico. Still hot spot for spring breakers

▶ A bartender pours a margarita from a bottle into a young woman's mouth at a nightclub during spring break in Cancun, Mexico, yesterday.

ISRAEL LEAL/THE ASSOCIATED PRESS

Girls gone clubbing in Cancun

Cancun is ranked as the top foreign destination in the world for spring break. With more than 200 bars and nightclubs scattered throughout the hotel zone, huge super clubs entertain over 6,000 spring breakers nightly.

2 **If convicted, the Brooklyn teen could face up to two years in prison. She was arrested Tuesday night.**

Charge in hamster death

A New York City teenager has been arrested on a felony charge in the death of her sibling's hamster.

The 19-year-old is accused of choking and squeezing the four-ounce hamster. THE ASSOCIATED PRESS

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Oil burns as battle rages

Libyan rebel says they will buy weapons if the international community fails to declare a no-fly zone

A giant yellow fireball shot into the sky, trailed by thick plumes of black smoke yesterday after fighting between rebels and forces loyal to Moammar Gadhafi set two oil installations ablaze and inflicted yet more damage on Libya's crippled energy industry.

In the west, Gadhafi claimed victory in recapturing Zawiya, the city closest to the capital that had fallen into opposition hands.

The claim could not immediately be verified; phone lines there have not been working during a deadly, six-day siege.

State TV showed a crowd of hundreds, purportedly in Zawiya's main square, shouting "The people want Col. Gadhafi!"

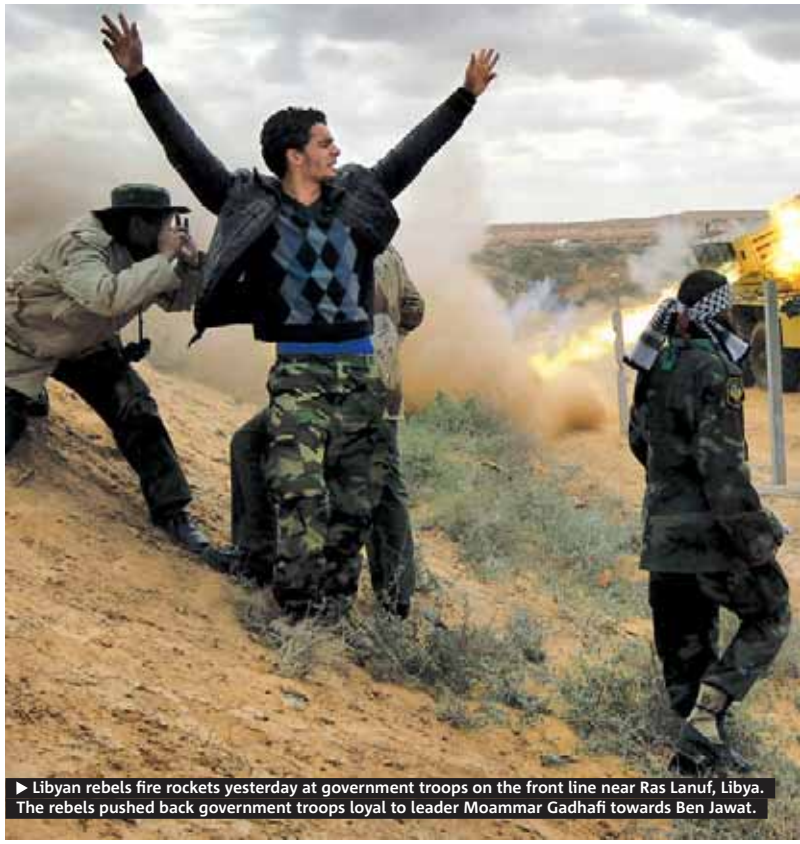
The fall of Zawiya to anti-Gadhafi residents early on in the uprising that began Feb. 15 illustrated the initial, blazing progress of the opposition.

But Gadhafi has seized the momentum, battering the rebels with airstrikes and artillery fire and repulsing their westward march toward the capital, Tripoli.

Gadhafi's successes have left Western powers struggling to come up with a plan to support the rebels without becoming ensnared in the complex and fast-moving conflict.

Britain and France are pushing for the UN to create a no-fly zone over the country, and while the U.S. may be persuaded to sign on, such a move is unlikely to win the backing of veto-wielding Security Council members Russia and China, which traditionally object to such steps as infringements on national sovereignty.

Gadhafi said in a Turkish television interview that Libyans would fight back if Western nations imposed a no-fly zone. He said imposing the restrictions would prove the West's real intention was to seize Libya's oil wealth. THE ASSOCIATED PRESS



▶ Libyan rebels fire rockets yesterday at government troops on the front line near Ras Lanuf, Libya. The rebels pushed back government troops loyal to leader Moammar Gadhafi towards Ben Jawat.

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JOHN MOORE/GETTY IMAGES

Erin Brockovich goes back on the offensive

At the end of Erin Brockovich, a housewife sick from toxic chromium weeps with joy as she's handed her portion of a historic $333-million settlement between residents of Hinkley, Calif., and the utility that poisoned their drinking water.

In real life, that woman is Roberta Walker. She still lives in Hinkley, using her share to buy a new home in what she thought would be a safe six-and-a-half-kilometre distance from the toxic plume of chromium.

Earlier this year, she and other residents learned that the pollution, which Pacific Gas & Electric was required to clean up, was once again moving and had seeped into their groundwater.

Now, Brockovich has returned to Hinkley and is once again rallying residents, sampling the water and at a water-board meeting yesterday is expected to announce that the contamination may be worse than the utility says.

"We didn't bring a giant to its knees, all we did was wake it up," Walker said.

THE ASSOCIATED PRESS

Water testing

▶ Erin Brockovich

Brockovich has been testing the water with Bob Bowcock of Integrated Resource Management.

- **Bowcock** said the tests reveal that the contaminated area is twice as big as the utility's estimates.
- **PG&E** said it has not seen Bowcock's water-testing results but remained committed to working with the community and the water district.

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Tracking evolution of Forces' role

Cost of Afghan mission keeping Canada from peacekeeping: Study

Canada is spending more on its military than at any time since the end of the Second World War, a new study reports.

The Canadian Centre for Policy Alternatives released the study today, which says defence spending is expected to hit $22.3 billion this year.

The study, produced for the centre by Bill Robinson, senior adviser at the Rideau Institute, notes a large part of the budget increase has gone toward fighting the war in Afghanistan.

Robinson argues Afghanistan has robbed Canada of the ability to carry out traditional peacekeeping missions.

Rise and fall

- **Canada,** once among the top contributors to UN peace-support missions, now ranks 60th on the list of 102 contributing countries.
- **Researchers** estimate military spending has increased 54 per cent over the last decade.

"Canada could make a much greater contribution to global security and humanitarian action by shifting resources to non-military security efforts and to peacekeeping operations," Robinson said in a release by the centre.

THE CANADIAN PRESS

Diversity. In dance

▶ Nine-year-old Michelle Harris wears a fur head dress at the Coast First Nations Dance Festival in B.C.

MEHARS

Dancing across cultures

The 2011 Coast First Nations Dance Festival features diverse and rich cultural traditions practised by dance groups from coastal B.C., Yukon and Alaska. The dancing began at the University of British Columbia Museum of Anthropology in Vancouver yesterday and continues to Sunday.

Tories guilty of breaches: Speaker

ADRIAN WYLD/THE CANADIAN PRESS

▶ Bev Oda

The Harper government suffered a double blow yesterday in its battle with the opposition.

The Speaker of the House of Commons, Peter Milliken, found International Co-operation Minister Bev Oda breached parliamentary privilege by misleading MPs about the alteration of a document.

He also found that the government breached parliamentary privilege by refusing to provide all documents requested by the opposition on the cost of its crime bills and tax cuts.

The government has refused to disclose the full price tags, arguing they constitute cabinet confidences.

Opposition parties argued Oda lied when she told MPs she didn't know who had altered a document ending funding for a church-based foreign aid group.

THE CANADIAN PRESS

Community asks, 'Where's the cash?'

Members of the Chippewas of Rama First Nation, home to a lucrative casino, are calling for a forensic audit or RCMP probe after learning their community faces a cash crunch.

Reserve Chief Sharon Stinson Henry stunned a community forum when she said the 1,500-member band was feeling the global economic downturn.

Chief Henry shocked the community when she announced all band employees faced cutbacks.

THE CANADIAN PRESS

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Canadian officer gets a taste of Haiti

More than 150 Canadian police officers are in Haiti on a UN mission to provide security and expertise to a nation still reeling from the effects of an earthquake

JENNIFER TAPLIN
@METRONEWS.CA

Domestic abuse and fights over money are the most common crimes in Camp Corail, a tent city in Haiti.

"There was one murder-suicide and I think that's the most serious case we've had," said Const. Jules Laraque, one of five police officers from Halifax who are working in Haiti.

His nine-month mission is nearly over.

"There are cases of rape too, but it's about once or twice a month."

He's part of a UN contingent working with Haitian police to keep the peace in Camp Corail, home to over 7,000 displaced people.

The country of his parents' birth is far from restored.

A devastating earthquake rocked Haiti on Jan. 12, 2010. There are still many demolished buildings yet to be cleaned up, Laraque said.

"When things were starting to slowly move forward, there was a cholera outbreak that hit the city and the election, and that caused some troubles."

And while there is plenty of crime in Camp Corail, there are fewer convictions.

Penniless victims have a hard time getting transportation into Port-au-Prince to make court dates so the accused usually goes free.

Background

- **Mooseheads** Const. Jules Laraque played and coached for the Halifax Mooseheads QMJHL team.
- **Oilers** His older brother is former Edmonton Oilers enforcer Georges Laraque.
- **Laraque** will take home many happy memories when his nine-month mission ends on March 22.

▶ A woman suffering cholera symptoms is carried to a local hospital in Port-au-Prince, Haiti, on Tuesday.

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▶ Gaetan and Noreen Frank of N&G Soapstone Countertops in their showroom near Uxbridge.

TRACY HANES/TORSTAR NEWS SERVICE

A counter-intelligence operation

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Banks balking at TSX merger

Brain drain, unemployment among dire scenarios painted by opponents of Toronto-London exchange

The heart of the financial sector has joined a growing list of opponents warning of the dangers in a merger of the Toronto and London stock-exchange operators, casting further doubt on the future of the deal.

Several of Canada's biggest banks argued yesterday that the Toronto exchange already attracts global companies and that plans to put the CEO of the merged company in London would draw the decision-makers to England, reducing Canada's role.

"We do not believe this takeover offer is the right solution to creating a globally sustainable exchange and nor will it allow Canada to achieve the benefits of globalization offered," Bob Dorrance, head of TD Securities, told a hearing at the Ontario legislature.

Financial institutions, including TD, CIBC and National Bank, are drafting a public letter warning that Canada risks losing its clout as a financial centre. Others are being asked to sign it.

However, opposition to the deal is not unanimous.

Eric Tripp, president of BMO Capital Markets, which advised the TMX Group on the deal, said the merger would benefit the industry.

"The TMX has a real opportunity to expand and grow, under favourable terms, and ensure that Canada's exchanges won't be sidelined," Tripp said. "It is an opportunity to capitalize on our core competencies to both grow and create jobs."

THE CANADIAN PRESS

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STICK, GLOVES, JERSEY ... BOXER BRIEFS?

He says ...

JOHN MAZEROLLE

I, apparently, am a pantywaist — that insult reserved by bellicose hockey fans for those of us who dare suggest that the NHL should be less violent than a game of Grand Theft Auto 3.

They say pantywaist because they know they can't call us female genitalia, though they'd like to, so they pick something that sounds like it's in the same general vicinity.

Let me say in reply: What a bunch of boxer briefs.

I like hockey, I like hitting, I had great fun watching earlier this year when Boston and Dallas had three fights in the first six seconds.

But I'm getting pretty tired of watching concussed players flop to the ice like they're Muppets and Frank Oz is at lunch.

And I'm even more tired that it's still up for debate on television. In newspapers, the case is closed: Accidental and malicious hits alike are threatening to kill someone.

But on TV, there's always somebody — Don Cherry and Craig MacTavish come immediately to mind — who makes it sound like anybody who questions all but the most objectionable hits is threatening to turn the game into the Royal Winnipeg Ballet (Royal Phoenix Ballet after 1996).

The Bill Masterton Memorial Trophy — named after the only player who ever died because of an NHL game — does not need another namesake. Masterton wasn't wearing a helmet when he cracked his head on the ice. Wearing one was considered a sign of weakness. And it took a couple of decades before everybody was namby-pamby enough to wear one.

The caveman culture — sorry, "The Code" — is hard to break.

That's why it's especially ridiculous when TV commentators resistant to change bark that "I PLAYED /COACHED/ KNOW THE GAME!"

The NHL game is played by about 700 players. It's watched by millions. The game isn't for them. It's for us.

And being a backseat driver is perfectly acceptable when the car is going the wrong way down the highway.

A big debate needs to happen at the league level, but for now the NHL should multiply all its typical suspensions by about 10. The league will be the last to come around but the discussion already appears to be changing, even on TV.

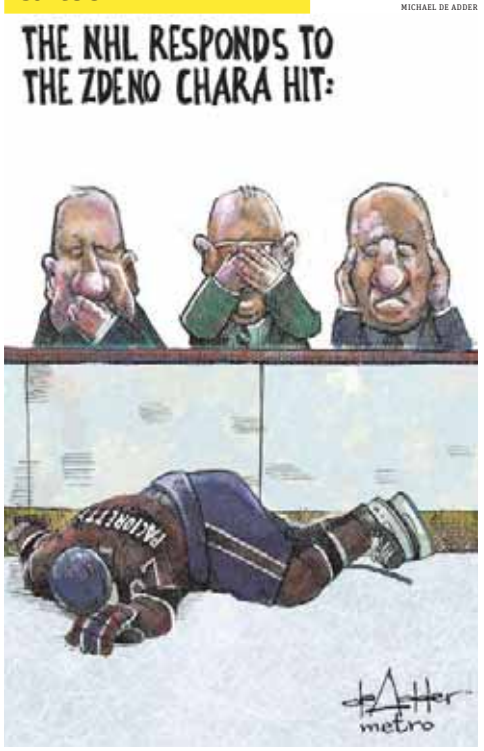
Two years ago, TSN's Bob McKenzie — he who never played the NHL game! — seemed like the only prominent hockey voice who thought hockey violence should be dealt with. Now even former Boston Bruin Mike Milbury, who once beat a fan with his shoe, is wondering if the league is handling the rules around head shots properly.

What a pantywaist.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER



Asking for accountability

Letters & Tweets

RE: Letter published March 9 congratulating those councillors who voted against a motion to remove the four remaining TCHC board members, submitted by Murray D. Lumley.

No doubt Mr. Ford is excessive and over dramatic at times. His view of the TCHC, however, is dead on.

In any company or government in the world, if an employee or a group shows that kind of disregard for budget, they would not just be fired, charges would be pending. Your negative view towards Ford is blinding you to what has actually happened.

I am sure not everyone is guilty; however, no one spoke up. When playing with millions of dollars given to them by the city, which is to say by the people of Toronto, just "going with the flow" does not cut it as an excuse! I don't care about the politics, if the accusations are right, these people stole from the poor. **JASON HARRIS**

Although Rob Ford may have jumped the gun a bit regarding the firing of the TCHC board, what they are accused of doing is despicable and, if it's true, they deserve to be fired.

As for Adam Vaughan and Pam McConnell, my message is "Ford won the election, get over it." **CONSTANCE CUNNINGHAM**

Toronto Community Housing Corp.

STEVE RUSSELL/TORSTAR NEWS SERVICE

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Metro Minute with Bi Bim Bap eatery

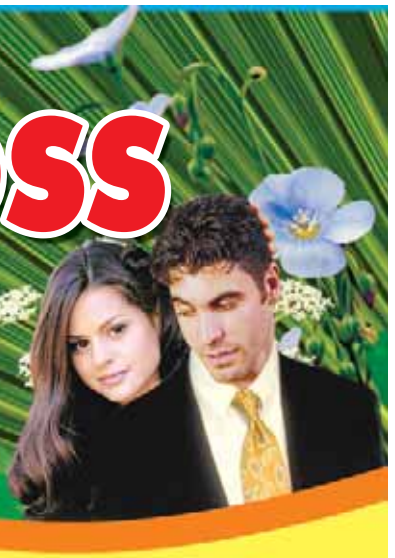
By now we've sampled the kimchi, savoured the rice cakes and even graduated up to moderately spicy; we've conquered the mountain of noodles and can consider ourselves well-travelled connoisseurs of Korean cuisine.

Sorry, folks. There's still one peak left to crest. Because the best bowl of bibimbap you're likely to find (outside your momma's kitchen) is waiting to be taken down at a new spot so dedicated to the traditional mix of rice, vegetables and meat, they've even named themselves after it.

Bi Bim Bap serves up Korean fare for the uptown crowd, at prices that make no sense anywhere near the Forest Hill vicinity. **JORDANA DIVON**

▶Bi Bim Bap Stone Bowl Riceteria brings the healthy and delicious to this traditional Korean dish. Check it out at 950 Eglinton Ave. W.

STOP HAIR LOSS



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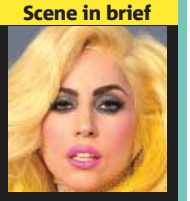
2 scene

Scene in brief



Lady Gaga's deal to sell a special edition of her upcoming album at Target is now out of range. A representative for the singer said yesterday the two sides "came to a mutual decision to end their overall exclusive partnership a few weeks ago." The Advocate reported Tuesday that Gaga wasn't comfortable with the deal.

THE ASSOCIATED PRESS

Justin Bieber's sneaker goes on sale on eBay, with proceeds to go to his former high school . Scan or visit metronews.ca for story.

Pick up your pen and create a comic

If you've got something to say, comics are a great way of saying it

Comic books are more than just superheroes in tights

BACKSTAGE PASS

IAN GORMELY
TORONTO@METRONEWS.CA

No matter what the summer blockbuster season might lead you to believe, there's far more to comic books than superheroes. There's a comic out there for just about every taste and age. Some even tackle the medium itself, as is the case of Lila & Ecco's DIY Comics Club, where the titular characters work together to make their own do-it-yourself-style comic book.

"Comics are a wonderful medium with a lot of amazing, politically," says the book's creator Willow Dawson. Born in Vancouver, but now based in Toronto, Dawson speaks regularly at schools and libraries helping kids mimic her characters.

The first thing you need is an idea, which then needs to be formed into a script. "Basically it follows the same process as anyone writing an essay in school: drafting, revising and rewriting."

Next, that script needs to be translated into images. "That's often the hardest part for people to wrap their head around," she says. The story needs to be broken down into individual panels and illustrated.

The images are then scanned into a computer and the pages are reprinted and inked to make the images bold and black.

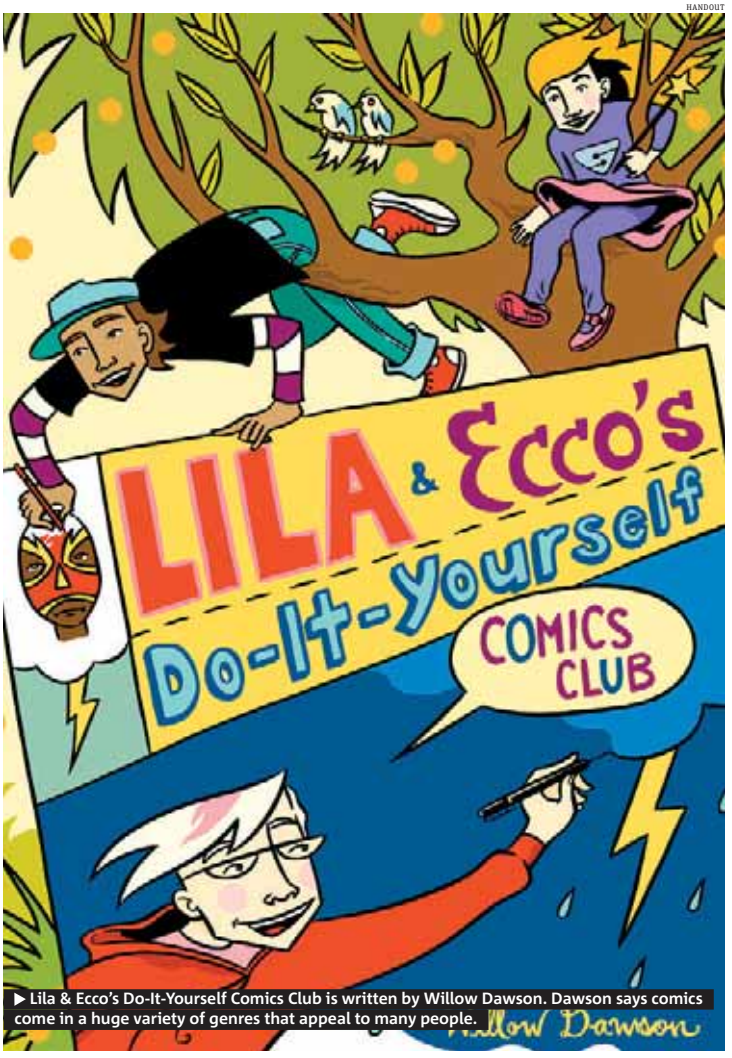
The inking process is also where a lot of background images are added. This is also the point at which the words in the dialogue balloons are added.

"It's a highly visual culture we live in," she says.

Recommendations

Picks. Keen on diving into the world of comics but not sure where to start without getting lost in a sea of Spandex? Dawson has some recommendations for you. Marjane Satrapi's Persepolis, which was turned into an award winning animated film, and Art Spiegelman's Pulitzer winning Maus are both "amazing powerful stories." Meanwhile, older readers might enjoy Julie Doucet's My New York Diary and Blankets by Craig Thompson.

HANDOUT



▶ Lila & Ecco's Do-It-Yourself Comics Club is written by Willow Dawson. Dawson says comics come in a huge variety of genres that appeal to many people.

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Custody battle on the horizon?

Wentz seeking joint custody with ex-wife Simpson

It looks like Ashlee Simpson's divorce from Pete Wentz isn't going to be as simple as she thought, as Wentz filed papers this week seeking joint custody of their two-year-old son, Bronx, and requesting that they each pay their own legal fees, according to People magazine.

In her initial divorce filing, Simpson had requested full custody of Bronx, with visitation rights for Wentz, and that her former husband pay all of her lawyer costs associated with the proceedings.

But a source close to Wentz says this isn't a sign that a brutal custody battle is coming.

"It's a very straightforward response asking for joint custody and fair distribution of attorney's fees. He's not gearing up for a custody war," the source says.

METRO

ALL PHOTOS GETTY IMAGES FILE

▶ Ashlee Simpson

Celebrity tweets

Jonah Hill [@JonahHill] Million Dollar Listing is definitely hurting without Chad. Don't pretend like you don't know what I'm talking about. #iwatchbadtvshows

Simon Pegg [@simonpegg] A small house fire in LA has been attributed to Charlie Sheen's publicist exploding. No one else was hurt.

Jessica Alba [@jessicaalba] Finishing a late lunch -now I want to sleep. @cash_warren is ordering 4 desserts... What the heck do we do w him

Conan O'Brien [@ConanOBrien] Good news, I treated myself today to the new iPad 1. Wait... what's that?

METRO

LiLo headed back to court

As Lindsay Lohan gets ready to head back to court today over her felony theft charge, she is reportedly considering suing Kamofie & Co, the jewelery store from which she's accused of stealing a $2,500 necklace, according to E! Online.

Lohan claims the store sold surveillance footage of her to Entertainment Tonight for $25,000.

"We wish to remind everyone that we turned the tape over to the Associated Press and that Kamofie & Co. has had no contact or dealings with Entertainment Tonight," store spokesman Christopher Spencer says in response.

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3 life

Topshop coming to Canada

▶ Topshop designer Kate Moss

Topshop and Topman have found a new home across the Atlantic at the Hudson's Bay Co. The Bay has earned Canadian franchise rights for the U.K. fast-fashion retailers, including rights for both shops within the Bay's stores as well as standalones. Topshop and Topman are expected to launch stores within the Bay this fall.

THE CANADIAN PRESS

Got $14K to spare? A Philadelphia retailer has custom-made a prom gown using hundreds of diamonds. Scan or visit metronews.ca for story.

▶ Four stellar weeks of style come to an end as Autumn/Winter Fashion Month wraps up in France ▶ Take in five shows from the Paris runways, each befitting a grand finale

A peek into Paris à la mode

KENYA HUNT
METRO WORLD NEWS

MANISH ARORA

He's hardly a new face on the scene. Still, Manish Arora, who just took on a second job as creative director of Paco Rabanne, seems to be on the cusp of a bigger kind of fashion fame. His fall show had his starriest audience yet (key editors, stylists and Kanye West) with heavily ornamented, painstakingly embroidered creations to match. Standouts included a series of patchwork dresses in metallic jewel tones (the most wearable of the bunch), a dramatic bird-cage dress with laser cut-outs and a series of fur skirts with gold hardware framing the waist.

PASCAL LE SEGRETAIN/GETTY IMAGES

VIVIENNE WESTWOOD

We've seen a lot of shimmer this season. And a lot of it has felt glamorous in a seriously grown-up kind of way. But let's face it; glitter and sequins are also the stuff of high camp. It's meant to be kind of zany. Vivienne Westwood was one of few designers to treat it this way, covering dresses, shoes and even the runway (complete with a finale shower of sequins) in eye-popping glittery gold. It's a bold look, and not the easiest to pull off. But on the catwalk, it made for a wild and fun moment.

PASCAL LE SEGRETAIN/GETTY IMAGES

SONIA RYKIEL

Creative director Nathalie Rykiel interpreted the season's plaid trend in a way that was feminine, fun, flamboyant and very true to the spirit of her mother. Standouts included a beige-and-black plaid coat with massive tangerine-coloured fur sleeves (another big trend for fall) and a dress in the same colourway with an oversized pink stole.

PASCAL LE SEGRETAIN/GETTY IMAGES

GIVENCHY

Riccardo Tisci, who sits at the top of the list of designers rumoured to replace John Galliano at Christian Dior, showed a seductive collection centred around the '50s pin-up girl. But instead of taking the literal approach and showing skin-tight bustier dresses, he created leggy skirts with transparent panels that revealed a flash of thigh. It was the smart girl's version of sexy dressing. Other highlights included his bomber jackets covered in graphic panther heads, which could be a contender for the print of the season.

PASCAL LE SEGRETAIN/GETTY IMAGES

CHANEL

A part of the fun of a Chanel show is seeing how Karl Lagerfeld will reinterpret the house's signatures. A coal miner's daughter in tricked-out tweed at a swanky Paris nightclub? On Karl Lagerfeld's smoky, ash-covered runway in Paris's Grand Palais, it weirdly made sense. He sent out a dark and fantastical array of beautifully constructed looks including mini skirts over skinny trousers, tweed boleros and jumpsuits for evening, all worn with tough girl biker boots. Romantic lace balanced out the hard edginess of it all.

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THE TOP 5 models of all time

KENYA HUNT
METRO WORLD NEWS

We asked our readers in nine Metro countries to list their favorite models of all time. Here are the results!

CINDY CRAWFORD
That beauty mark

1 The all-American Supermodel not only made moles insanely popular, but she deftly straddled the high fashion and commercial worlds. Her stint as the face of Pepsi made her a global star.

CLAUDIA SCHIFFER
The bombshell blonde

2 The face that launched a thousand Guess jeans campaigns, Schiffer is a regular go-to Chanel campaign star for fellow German Karl Lagerfeld.

GISELE BÜNDCHEN
Her painfully long legs

3 Before becoming Mrs. Tom Brady, the girl who spearheaded fashion's love of all things Brazilian made headlines as the highest earning model. Victoria's Secret isn't cheap.

NAOMI CAMPBELL
A runway walk that could shake the earth

4 Highlights: Her lip synching in that George Michael video, Freedom, and becoming the first black Vogue Paris cover girl. You all know the low points.

LINDA EVANGELISTA
Those cheekbones

5 Top photog Steven Meisel loved her for being the ultimate chameleon. And in 1990, she famously told Vogue, "We won't wake up for less than $10,000 a day."

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Kit expert Allison Tannis, nutritionist and author of Feed Your Skin, Starve Your Wrinkles: Eat Your Way to Firmer, More Beautiful Skin With the 100 Best Anti-Aging Foods, helps us get the right food on the menu.

For spotless skin, eat blueberries
The antioxidants in blueberries can help skin recover from a bout of acne by helping the body's immune system get tough on irritations, but not on surrounding skin.

For strong nails, eat cucumbers
Silica is a trace mineral that's essential for building healthy nails. Pile cucumbers on salads and sandwiches to get an extra dose of it.

To get glossy hair, eat salmon
What's good for your skin is good for your hair. Oil glands on your scalp also need to be fed well to stay healthy and hydrated. Salmon contains the good fats and proteins to keep hair lustrous.

To get a firm face, eat strawberries, kiwis, oranges and mangos
The production of collagen — which strengthens and firms up skin — benefits from a one-two punch of choline found in eggs and vitamin C found in fruits such as strawberries, kiwis, oranges and mangos.

To get glowing skin, eat yogurt and fish.
Inflammation is the enemy of clear skin. Fight redness and puffiness with fish oils found in salmon, anchovies, sardines and tuna (all generally low in mercury). Yogurt and other foods containing probiotics also do the skin-clearing trick.

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Stay suburban-hip in Brampton

CONTRIBUTED

▶ By spring 2014, you could be sitting in this lobby of the Indigo Bay Condominiums.

CONTRIBUTED

▶ The building, located in Brampton, features 22 storeys.

CONTRIBUTED

▶ This picture of the condo's podium shows how much nature lovers will feel at home here.

The project overview

This 22-storey Brampton condominium residence is slated for occupancy by the spring of 2014, with units ranging from studios, up to two bedrooms-plus. Indigo is located in one of Canada's fastest-growing communities, just northwest of Toronto's downtown and minutes from the Bramalea City Centre.

Location and transit

There's easy access to the Bramalea GO station and close proximity to Brampton Transit. It's about a half-hour commute into the downtown, and only 10 minutes to Pearson International Airport. The condo is adjacent to major thoroughfares, including highways 410 and the 407.

Meet the condo

- **WHAT:** Indigo Bay Condominiums
- **BUILDER:** Preston Group
- **LOCATION:** 25 Peel Centre Dr., Brampton
- **WEBSITE:** indigobaycondos.com
- **PHONE:** 289-752-8072
- **SIZES:** 403 to 1,005 sq. ft.
- **PRICING:** $173,500 to $367,000

In the neighbourhood

Surrounded by parks and set beside a tranquil pond, there's a direct pathway to the wooded groves of Norton Place Park, and it's mere minutes from the shops, restaurants and services of the bustling Bramalea City Centre and the renowned Rose Theatre.

Building amenities

Sporting a fourth-floor outdoor roof terrace, complete with barbecues and an Al Fresco dining area, the building will also maintain a well-equipped fitness centre. There's a games room, an Internet café, a dining/meeting area and a convenient guest suite.

DUNCAN MCALLISTER

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Open House, Massey Estates, 6 Wellesley Pl., Unit 41, March 12-13 from 2-4 p.m., Call 416-465-4545.
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Getting hung up on art

Karl Lohnes offers his tips for hanging artwork in your home

DESIGN CENTRE

KARL LOHNES
HOME@
METRONEWS.CA

It constantly surprises me how so many people buy a nice sofa, get some great art to hang over it, then hang the artwork way too high.

I see this common decorating mistake over and over again. Lets hang our art at a place where we can enjoy it and where it compliments out decorating efforts. Here are some easy-to-follow rules for hanging artwork throughout your home.

Anchor the art

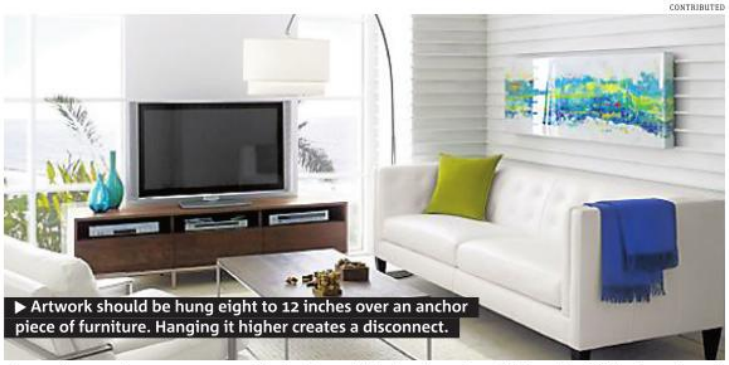
When hanging art work over a sofa in your living room or a headboard in the bedroom (these pieces of furniture are referred to as an anchor), the artwork should fill approximately two-thirds of the width of the anchor.

For example, if you have a sofa that is six-feet wide, the artwork hanging above should fill about four feet of the width of the sofa.

This doesn't mean that you have to look for a piece of art that is four-feet wide — you can combine pieces to come up with a total width of four feet.

Never hang artwork in relationship to the height of the ceiling. It should be hung in relationship to the anchor you are hanging it above or the floor. In a low-ceiling room, this means you should hang your artwork about eight inches above the anchor. In a room with high ceilings, hang pieces 12 inches above the anchor.

CONTRIBUTED



▶ Artwork should be hung eight to 12 inches over an anchor piece of furniture. Hanging it higher creates a disconnect.

Floating your art

When hanging artwork without an anchor, consider every angle from which you will be viewing the piece when deciding where to hang it. Remember that hanging pieces lower to the ground creates a more relaxed feel in your room. The basic rule is to measure 66 inches from the floor — the middle of your artwork should be at this height. You've likely heard that artwork should be hung at "eye level," a qualification that is obviously in the eye of the beholder!

Sixty-six inches (or five feet, six inches) is approximately the height of the average woman, so ensuring that the centre of your artwork is placed at this height is a good rule of thumb when taking the "eye level" idea into account. If hanging artwork up a stairwell wall then follow the 66-inch rule and make sure to space the art between the bottom and top steps only.

Updating your art

The shape of your available wall space can greatly influence the way in which you hang your artwork.

If you want to fill up some wall space between two doors, for example, it would be appropriate to hang artwork in a vertical fashion. It is particularly important to consider the shape of your wall space when hanging a collection.

Remember that using large artwork in small spaces creates grandeur — this is a great tip to keep in mind when decorating your entranceway, for example. If hanging a group of artwork together, then put the largest or heaviest-looking piece in the middle and gradually place the artwork smaller and smaller until the smallest art is displayed on the outer edges of the grouping.

Other things to hang

For hanging a fuel-burning or electric fireplace, the rule is the same as hanging a plasma TV. Fireplaces should be hung 36 to 42 inches from the floor to the centre of the fireplace. Similarly, plasma televisions should be hung about 40 to 42 inches from the floor to the television's centre. If hanging art or a flat screen television over a mantel, it should be placed three to six inches above the top of the mantel.

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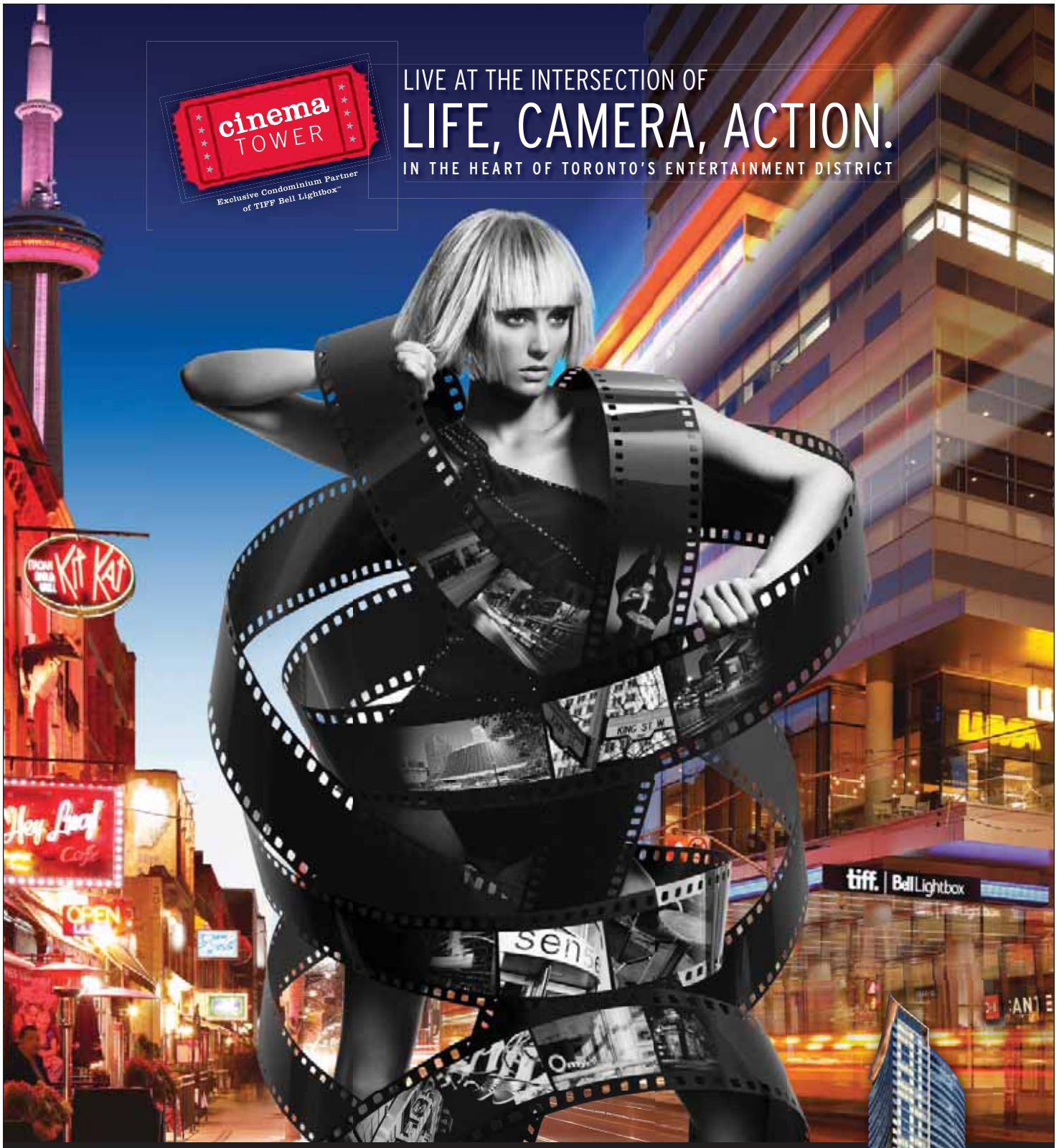
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Rooftop Surfing

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HOME@METRONEWS.CA

I always say there's a song about everybody and everything, and the song that came to my mind last week as I toured several high-profile marketing and design professionals from Vancouver, Calgary and Boston around a great many of our downtown condo sales offices was the Carly Simon song Nobody Does it Better.

As I've mentioned before, Toronto has become the largest high-rise housing market in North America, by far. And based on our tour, there's no doubt in my mind that the quality of our building and suite design, and our exceedingly high interior finish specifications, not to mention our superlative marketing, goes a long way toward explaining the quantity of our sales.

Clearly, nobody buys a new condo suite just because it is well-marketed, but once you have made your decision to purchase, you're bound to be wowed as you check out the plethora of condo presentation centres and model suites currently on the market. The choice of great buildings, locations, amenities and layouts had me relating to the line in the song that goes "nobody does it half as good."

Speaking of great buildings, I just had to drive my crew out to Mississauga for a close-up of the already iconic Marilyn Monroe building near Square One. The design of that building is as gutsy as the play to build it in Mississauga, and it says a lot about the entrepreneurial spirit and passion of the developers — Fernbrook/Cityzen — and the broader development community in the GTA.

As Carly Simon would say, "Baby, you're the best!"

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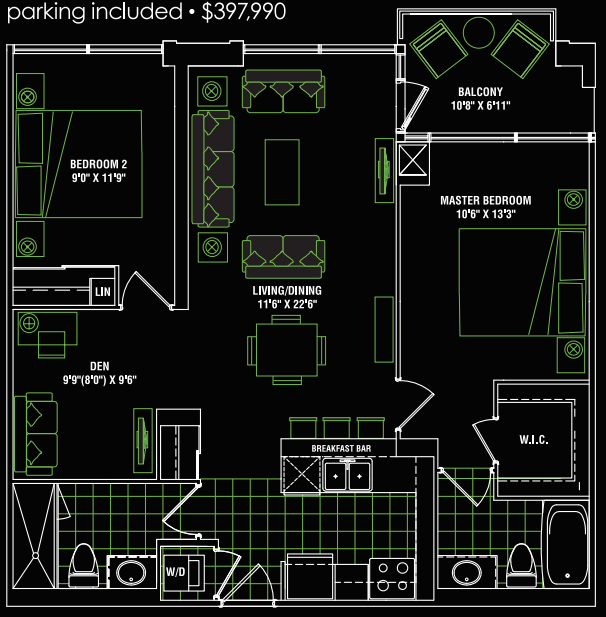

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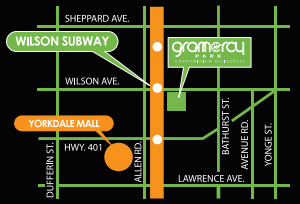

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A PLACE FOR LIFE

Legal Matters

JEFFREY COWAN
HOME@METRONEWS.CA

I am interested in purchasing a condo privately from an acquaintance who has her elderly brother staying in the property. The vendor has asked if I would consider allowing her brother to stay in the property until he either passes away or moves out. She has suggested that she would sell me the condo below market rate if I would agree to this arrangement. How should I approach this?

It sounds like you are entertaining the idea of providing the vendor's brother a life interest in the property. This is a specific right of an individual to possess a property for the length of their life or until such time as they voluntarily leave the premises. Generally this interest is registered on title so that the person has security over their future.

You should contact your lawyer who can draft up an Agreement of Purchase and Sale and specifically deal with the life interest. Care should be taken concerning ongoing expenses and who will be responsible for maintaining the property.

It is an exciting prospect for you to obtain a property at below market cost but you should be aware that although the brother is elderly, some people can live a long time. So, you shouldn't count on obtaining vacant possession in the near future, or don't count your chickens til they're hatched.

Think about kids when renovating: Report

Home energy renovations and retrofits may help reduce greenhouse gas emissions and cut costs, but a new report urges greater education and care to avoid the release of toxic substances during the process.

Children are most susceptible to such exposures, and activities taking place during renovations and retrofits can significantly increase their risk if care isn't taken, according to the report from the Canadian Environmental Law Association. **THE CANADIAN PRESS**

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There are all kinds of ways for families to spend time together during March break
We've got lots of suggestions to get you started

ISTOCK

▶ A puzzle is a great way to enjoy "we" time.

Our guide to fun times on March break

Creative ideas

Here's a list of some fun March break activities from Judy Arnall, a parenting expert and author in Calgary.

Stormy day ideas
- Dig out those puzzles and crafts that didn't get opened at Christmas.
- Buy a paint-by-numbers kit and have everyone pitch in to complete it.
- Have a themed movie week; for example, a Harry Potter movie fest.
- Pitch a tent in the family room and "camp out" for a few days.

When it's nicer outside
- Go tobogganing, cross-country skiing or snowshoeing
- Hunt for treasures at a second-hand store.

Older kids
- Organize a cleaning project. (Does your basement need rearranging?)
- Pay your teen to do a big job such as categorizing all those photos on your computer.
- Have older kids check out the skating or swimming program at the local recreation centre.

Younger kids
- Throw a "stuffie" birthday party. (Invite all your stuffed animals and have cake, presents and a tea party.)
- Hold a Nerf party and invite the neighbourhood kids. (Go ahead — let them go wild.)
- Pick an historical era and organize clothing, activities and food around that theme. For her "cave days" event, Arnall and her kids ate chicken with their hands, made candles and "cave" (paper-on-the-wall) paintings.

PAULINE ANDERSON
LIFE@METRONEWS.CA

To ensure a fun March break with your kids, why not include them in the planning? Send your older daughter to the library or your son on the Internet to find out what's going on in your community.

While it's important to put structure into the week's activities, it's not a good idea to "hyper plan," says Alyson Schafer, a Toronto author of Ain't Misbehavin: Tactics for Tantrums, Meltdowns, Bedtime Blues and Other Perfectly Normal Kid Behaviors.

"What a lot of families miss most is unstructured altogether time, so that might be playing a board game or cleaning the garage."

She stresses that kids prefer a family swim instead of being dropped off at a swim camp, even if you're watching from the sidelines. "Kids really just want to be with mom and dad when mom and dad aren't in a bad mood," says Shafer.

Patience is the name of the game during this frenzied week. So prepare to stand in long lineups at places like the museum, and to cover only a third of the exhibits in twice as much time as any other week

"Maybe that's the only thing you do that day, and the next day is a 'stay at home' day," says Shafer.

Organizing activities for families with kids of different ages — say a two-year-old and a 10-year-old — takes some creative planning.

Shafer suggests the family head for a destination (a local ski slope) where one parent takes the older child (down a bunny hill) while the other entertains the younger one (in the chalet). "So even though they did different things while they were there, there's still a common memory."

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Planning is vital

But travelling with kids doesn't have to be a huge hassle

ISTOCK

▶ If you're prepared, you can all start to relax before you get there.

With the children out of school for March break, it seemed like a great idea to book a family trip. Now, faced with bags to pack, kids to entertain and unpredictable weather threatening to delay your travel plans, are you having second thoughts?

Relax — or at least think about how relaxed you'll be when you get to your destination. You may not be able to control the weather, but planning ahead will help you manage any travel hiccups so you can enjoy a stress-free holiday.

As a travel enthusiast, Stacie Pearson, associate vice-president of TD Credit Cards, has some experience with reducing travel stress, and offers her top tips for travellers this March break.

Drive to the airport. Avoid worrying if your family and your luggage will all squeeze into one airport limo or taxi. Set your own schedule and drive your own car to a secure and convenient airport parking lot.

Try to book a flight as early in the day as possible and avoid the last flight out. Delays tend to happen as the day goes on, so booking an early flight limits the chances of getting stuck at the airport.

Don't lose a day of vacation because your luggage is lost. Protect yourself by booking your trip on a credit card that has delayed and lost baggage Insurance. Just to be safe, make sure your carry-on includes destination musthaves, like a swimsuit and sandals, so that if your luggage is delayed for a few hours, you can head to the beach while you wait for your bags.

Avoid surprises by budgeting for all costs. While big ticket items are easy to calculate, costs including airport transfers and taxes often get overlooked. Consider using a credit card that offers travel reward points that you can use for more than just the plane ticket — airport parking, taxes, even a massage at the resort's spa. **NEWS CANADA**

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Good times,

We've got some professional advice for making your March break moments last

If you're one of the lucky ones going away for March break, you're probably hoping to capture special memories on your digital camera. But on your return home after the bags are unpacked and the photos are uploaded to your computer, it's then you may realize you have less-than-stellar images.

Here is some advice from Philip Maher, a professional photographer and father of two. He offers these tips to improve your vacation photos.

• Don't shoot into the light. This is the most common mistake of vacation photos. Ensure the source of light (usually the sun) is behind you.

• Hold the camera steady. With digital cameras, there is a tendency to hold the camera a foot from your eye. This blurs your images.

• For spectacular images, avoid noon-hour shots. You'll end up with ugly, harsh shadows. Use morning or late-afternoon light or avoid shadows altogether by taking pictures on overcast days.

• Do you ever wonder what to focus on in a photo? It's the eyes. Don't worry about the rest of the face.

• Don't be afraid to rearrange your subjects. Squish your kids' faces together or ask dad to place his arm around his daughter.

• Take your family photos quickly. Kids can be squirmy and they hate it when mom or dad pull out the camera and take 10 minutes (an eternity in kid time) to set up and make the shot. Taking photos of your kids is like ripping off a bandage — do it fast and they won't mind next time.

• Be patient and wait for action. Having the camera at the ready captures those spectacular action images, which your children will remember into adulthood. Isn't creating family memories the point of the entire exercise?

NEWS CANADA

▶ Having your camera at the ready will help you catch those fleeting moments.

It's March break — so take a hike

According to a recent study by the Canadian Fitness and Lifestyle Research Institute, Canadian children do not get enough physical activity on a daily basis. Walking is an easy way to incorporate exercise into your child's daily routine. And it isn't only a great source of exercise. According to research, going for a walk can also improve your child's mood. This March break, Get your kids walking (and smiling) with these tips.

• Walk with a buddy. Whether it's a friend, family member or even a dog, having a walking buddy will make the time fly.

• Establish a "walking school bus." Select a route from home to school and pick up other children along the way. Take turns with other parents to lead the walking school bus each day.

• Go on family hikes. At My Best (atmybest.ca), a national school-based children's wellness program developed by AstraZeneca Canada and Physical and Health Education Canada, recommends that communities start hiking clubs so families can do physical activity together. It's also a wonderful way to make new friends and get to know your neighbourhood.

NEWS CANADA

FLICKR/PINK SHERBET

▶ As the weather starts to warm, take advantage of some gorgeous days and get outside.

great photos

ISTOCK

Take care in the sun

FLICKR/FAITH GOBLE

▶ The sun can cause damage — even in winter.

An Ontario poll suggests many young people continue to expose themselves to ultraviolet radiation from the sun or the use of tanning equipment, despite the risk of skin cancer, including potentially deadly melanoma.

The Environics survey shows that many young people in the province still engage in harmful behaviours, such as getting a "base tan" before going on a beach vacation because they believe it will protect them from sunburn.

"We're concerned that too many Ontarians continue to seek a tan, especially before and during a winter vacation in a sunny climate," says Dr. Loraine Marrett, director of surveillance, prevention and cancer control at Cancer Care Ontario. "There is simply no safe way to get a tan."

For Canadians planning to spend their March break in the sun, the society offers the following ways to avoid dangerous UV exposure.

• Plan outdoor activities before 11 a.m. or after 4 p.m. to minimize exposure when rays from the sun are most intense.

• Seek shade or create your own shade with an umbrella or other portable structure.

• Wear a wide-brimmed hat and loose-fitting clothing made of tightly woven fabric.

• Liberally apply a broad-spectrum (with UVA and UVB protection) sunscreen, SPF 15 or higher.

• Wear sunglasses with UVA and UVB protection.

Dr. Cheryl Rosen, national director of the Canadian Dermatology Association's sun awareness program, says they are particularly concerned about youth because the use of tanning equipment before the age of 35 has been found to increase the risk of melanoma.

THE CANADIAN PRESS

"We need to work towards a social norm that does not include a tan a sign of beauty or health."

SALIMA ALLIBHAI-HUSSEIN, CANCER SOCIETY

Take your pick

Not going away? Good, because there's no better place for March break activities than here in the GTA

KIM ZARZOUR
LIFE@METRONEWS.CA

Toronto is the place to be this March Break. Here are some fabulous activity ideas to make the school break lots of fun.

Undercover carnivals

Two huge indoor amusement parks provide fun and entertainment throughout the break: Toronto Springfest, March 14 to 18 at Downsview Park (with midway rides, inflatable jumping castles, games and celebrities like Dora and SpongeBob); and Spring Fling, March 11 to 18 at Rogers Centre (midway rides, entertainment and live exotic animals). Visit torontospringfest.com; or rogerscentre.com. For more thrills, Wizard World is at the Better Living Centre with a maze, rides and performances. Visit wizardworld.ca/toronto.

Tap into spring

The magic of maple is on tap at Kortright Centre for Conservation in Vaughan and Bruce's Mill Conservation Area in Stouffville.

This sweet celebration of spring includes guided maple syrup walks, demonstrations, sampling and horse-drawn wagon rides. Bruce's Mill features pony rides and a petting zoo and Kortright visitors can also participate in tours of the Archetype Sustainable House.

Visit maplesyrupfest.com. Black Creek Pioneer Village also celebrates syrup, among other things. Check blackcreek.ca.

Toronto library fun

Snakes, tortoises, tree frogs and flying squirrels are featured creatures at several local public libraries. Other free events include stories and crafts, animé workshops and an interactive exploration of African traditions. Teens can pursue their own special interests, from drumming to DJ-ing to digital design. For information on what's happening at a library near you, go online to torontopubliclibrary.ca.

Justin Fever at Bata Shoe Museum

Kick start the break Monday with a special tribute show to Justin Bieber at 11 a.m., followed by an unveiling of the newest addition to the museum's collection — Justin's shoes. More tribute shows will be held at 1 and 2 p.m., then all week long kids can rock with cardboard guitar-making, tattoos, dress-ups, walk of fame and more. Visit batashoemuseum.ca/events/index.shtml.

Fantasy Break

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Canada

Watch a 20-minute Cinderella and Little Mermaid musical performance or a 15-minute show starring Prince Charming and his long lost brother Captain Jack Albatross. Join a scavenger hunt, sing along with Snow White or create a sugar cube castle to take home. On Thursday, Friday or Saturday, renowned ghost trackers host a family-friendly ghost-hunting tour. (Note: space is limited.) Saturday focuses on wizard and knight adventures. See casaloma.org/Seasonal/.

A royal celebration at the AGO

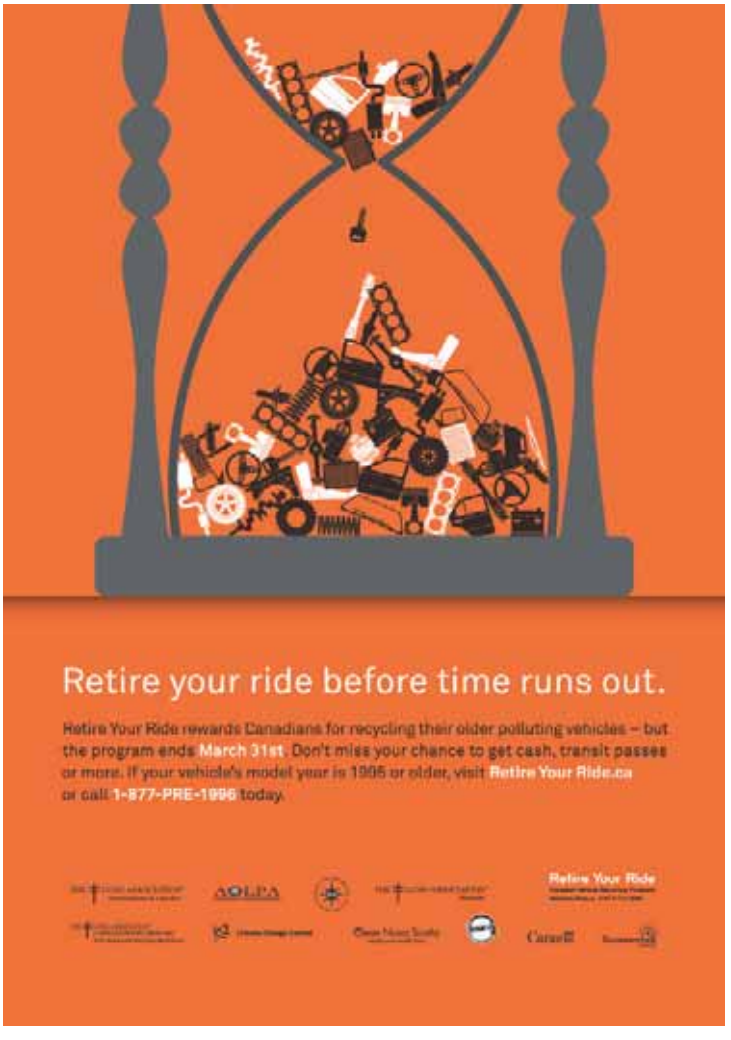
Activities are inspired by the hit exhibition Maharaja: The Splendour of India's Royal Courts. Take to the dance floor, create your own sculpture, musical instruments or glittering costumes, or participate in the creation of a giant community art mural of a royal procession. See ago.net/march-break-2011.

Soak up the ROM

The museum celebrates the importance of water with a multi-media, hands-on exhibit. Live animals, origami, beadwork, scavenger hunts and a medieval fair teach about biodiversity and this life-giving substance. Children can also explore a variety of interests at ROMKids March break camps for ages five to 14. Go online to rom.on.ca.

PETER KRAMER/THE CANADIAN PRESS

▶ For many kids, the March break highlight may be viewing Justin Bieber's shoes at the Bata Shoe Museum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QUICK TIP

Saving is easier when you have a reward to look forward to. If you've always wanted an amazing family vacation, now's a perfect time to start planning. Here's how:

- Set a goal and a date – let's say next March Break
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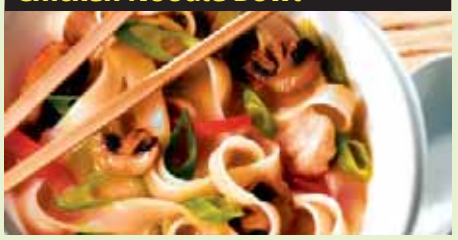
With March break around the corner for many students, we offer up two recipes that even the pickiest child will love to help you make and will chow down with no complaints

Kid-friendly eats & treats

Chicken Noodle Bowl



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EMILY RICHARDS
FOOD@METRONEWS.CA

Kids will love slurping noodles from this fast-food favourite, which gets a nutritious makeover.

Ingredients:

- 1 tbsp (15 mL) butter
- 12 oz (375 g) boneless chicken breasts
- 2 tbsp (30 mL) minced fresh ginger
- 3 cups (750 mL) reduced-sodium chicken broth
- 1/4 cup (50 mL) reduced-sodium soy sauce
- 2 tbsp (30 mL) rice vinegar
- 1 tsp (5 mL) chili sauce
- 8 oz (250 g) small mushrooms, thinly sliced
- 3 stalks celery, sliced
- 6 oz (175 g) wide rice noodles
- 2 tbsp (30 mL) cornstarch
- 1 1/2 cups (375 mL) milk
- 1 cup (250 mL) bean sprouts
- 2 green onions sliced

Preparation:

1. Heat pot over medium-high heat. Add butter; swirl to coat. Add half each of the chicken and ginger and sauté for 2 minutes. Transfer to a bowl. Repeat with remaining chicken and ginger. Set aside.
2. Add broth, soy sauce, vinegar and chili sauce; increase heat and bring to a boil. Stir in mushrooms, celery and noodles. Whisk cornstarch into milk; stir into pot. Reduce heat to medium and cook, stirring, for 10 minutes or until bubbling and noodles are tender.
3. Stir in chicken mixture. Season to taste with chili sauce. Using tongs, divide chicken and noodles among warmed serving bowls; ladle broth on top. Top with bean sprouts and green onions.

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EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE ON EMILY, VISIT EMILYRICHARDSCOOKS.CA

As a mom who regularly travels with her kids, my concerns are always centred around what healthy meals and snacks can survive the trip and its inevitable delays.

You know what I mean by survive, right?

What won't crumble into a 1,000 pieces in a bag, turn toxic when they confiscate your gel pack, or smell so offensive your neighbours tell the flight attendants on you. (That actually happened to me. Helpful note: Don't eat hard boiled eggs on planes.)

There's the usual stuff at airports like bananas, apples and the occasional cheese string, but I like things that pack a nutritional punch as well as — you know — pack well.

These granola balls are full of protein, fibre and vitamin A (thank you, cranberries).

They're perfect for little fingers to eat, and are a fun and quick pre-March break flight project for your miniature bakers.

Cranberry Granola Balls

Preparation:

1. Spread oats and coconut out on baking sheet and toast in 350 F (180 C) oven for about 10 minutes or until lightly brown.
2. In sauce pan, combine sunflower butter, agave and brown sugar over medium heat. Stir until brown sugar is completely blended. Stir continuously so mixture doesn't burn.
3. Add oat mixture, granola and cranberries to sugar mixture and stir to combine. Let cool slightly. With moist hands, roll a teaspoonful (5 mL) of the mixture in palm of hands to create bite-size balls. Place on plate and refrigerate for about an hour to harden. Store in an airtight container at room temperature for up to one week.

Ingredients:

- 2 cups (500 mL) old-fashioned rolled oats
- 1/2 cup (125 mL) unsweetened shredded coconut
- 1/2 cup (125 mL) agave nectar
- 1/4 cup (50 mL) packed brown sugar
- 1/2 cup (125 mL) sunflower butter (no nut worries)
- 1/2 cup (125 mL) homemade or store-bought granola
- 1/2 cup (125 mL) unsweetened dried cranberries

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MAYA VISNYEI PHOTOGRAPHY

▶ This recipe makes 24 granola balls.

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Jefferson tips win to Jazz

96	94
JAZZ	RAPTORS

Al Jefferson had 34 points yesterday, including a tip at the buzzer, as the Utah Jazz beat Toronto 96-94 and extended their winning streak against the Raptors to 12 games.

Jefferson tipped in a Devin Harris miss to give Utah the win after Leandro Barbosa had tied the game for the Raptors with a three-pointer with 42.9 seconds remaining.

Harris scored 23 points and added seven assists for the Jazz, who came back form a 14-point deficit. C.J. Miles also scored 23 points, including eight in the fourth quarter.

Demar DeRozan led Toronto with 17 points and eight rebounds. Sonny Weems had 16 points while Jose Calderon added 14. Ed Davis, starting in place of Andrea Bargnani, scored 12 points.

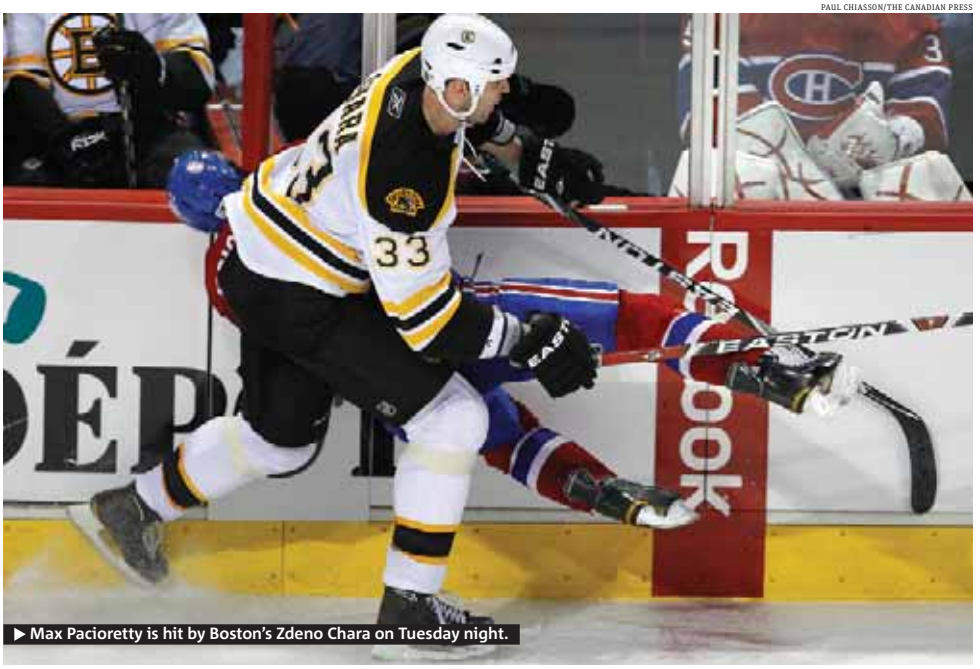
Reggie Evans returned to the Raptors lineup and grabbed 11 rebounds. Evans had been sidelined with a fractured right foot since Nov. 26.

The Raptors were not able to execute down the stretch after Weems hit a jumper at 8:41 in the fourth to give the Raptors a 14-point lead, their biggest margin of the game.

The Raptors were without Bargnani due to flu-like symptoms and lost Amir Johnson early in the first quarter with a left ankle sprain.

THE CANADIAN PRESS

PAUL CHIASSON/THE CANADIAN PRESS



▶ Max Pacioretty is hit by Boston's Zdeno Chara on Tuesday night.

Chara hit rocks NHL

Bruins captain won't be punished by league, but blow that left Max Pacioretty injured has increased debate about players' safety

In a season of nasty hits and concussions in hockey, the one that left Montreal Canadiens forward Max Pacioretty lying motionless on the Bell Centre ice may have been the most frightening.

Still, the National Hockey League opted yesterday not to issue a fine or suspension to Boston Bruins captain Zdeno Chara for the hit that sent Pacioretty to hospital with a concussion and a fractured neck.

The incident late in the second period of the Canadiens' 4-1 victory over visiting Boston on Tuesday was replayed countless times on television, once again raising debate on whether the NHL is doing enough to end blows to the head and reduce serious injuries.

"I feel bad about what happened," Chara said at practice yesterday before learning about the league's decision. "I was trying to make a strong hockey play and play hard and it's very unfortunate, like I said, that a player got hurt and had to leave the game."

It reached the House of Commons, where the hit was called "unacceptable" by Minister of State for Sport Gary Lunn.

Pacioretty suffered a severe concussion and a non-displaced fracture to the fourth cervical vertebra in his neck.

Doug Richards, medical director of the McIntosh sports medicine clinic at the University of Toronto and former team doctor for the Toronto Raptors, said such a fracture alone usually takes about three months to heal.

THE CANADIAN PRESS

A crime?

Montreal police are asking hockey-mad Canadiens fans to stop calling them to file complaints against Zdeno Chara.

▶ Police say they have been inundated with calls from people seeking to file a criminal complaint.

4 sports

Leafs preview

Flyers at Leafs, 7 p.m.
TV: Leafs TV
Radio: AM 640

Mercifully for Philadelphia (41-19-6), it beat Edmonton on Tuesday to snap a four-game losing streak. Forward Jeff Carter returned from a bout with the flu to score twice against the Oilers. That gives him 30 goals for the third straight season.

Toronto (29-28-10) is coming off a disappointing overtime loss to the New York Islanders. This is a great opportunity for the Leafs to make hay at the start of a three-game homestand against teams above Toronto in the standings.

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Canadians dominant in Cyprus again

Have won Cyprus Cup three of last four years Coach calls win morale booster ahead of 2011 World Cup

Canadian defender Emily Zurrer opened and closed the Cyprus Cup with a winning goal.

The 23-year-old from Crofton, B.C., scored off a goalmouth scramble following a corner in the first period of extra time yesterday to give Canada a 2-1 win over the Netherlands in a tournament final played in extreme wind conditions.

Zurrer kicked off the tournament with a headed goal in a 1-0 victory over Scotland.

The win improved Canada's all-time record at the competition to 13-1-1, including 8-0 the last two years.

"It was important to win. We had a very good tournament."
CANADIAN COACH CAROLINE MORACE

The victory came in the face of fierce conditions.

"It was difficult to build the game and play soccer," coach Caroline Morace said of the wind. "Because it was very, very, very strong."

Canada had the wind at its back for the first half. And it played a factor in the first goal when, with Canada pressing, Jonelle Foligno pounced on a back pass that rolled too far and scored in the 20th minute.

Claudia van den Heiligenberg tied it in the 40th, capitalizing on a defensive miscue. It was the first goal conceded by Canada in four matches and the only Dutch shot in the half.

"The second half we played better but the problem was we were against the wind, so it was very difficult to build the game and be precise," Morace said.

THE CANADIAN PRESS

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Rome	Travel Jun 18 - Jun 24/ts	$399 + taxes & fees $391
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Bangkok	Travel Apr 21 - May 10/ua	$819 + taxes & fees $325

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USA

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	66	41	19	3	3	212	175	88	21-10-1-2	20-9-2-1	4-5-1-0	W1
d-Washington	68	38	20	5	5	183	167	86	20-8-2-5	18-12-3-0	8-2-0-0	W6
d-Boston	66	38	20	3	5	200	156	84	16-12-2-2	22-8-1-3	7-2-1-0	L2
Pittsburgh	68	39	21	5	3	196	167	86	21-11-2-0	18-10-3-3	4-2-3-1	W2
Tampa Bay	66	37	21	3	5	196	200	82	21-8-1-4	16-13-2-1	3-4-0-3	L4
Montreal	67	37	23	4	3	180	168	81	21-8-3-3	16-15-1-0	6-3-0-1	W5
NY Rangers	68	35	29	2	2	193	164	74	15-17-1-2	20-12-1-0	5-5-0-0	W2
Buffalo	66	32	26	7	1	190	190	72	14-15-2-1	18-11-5-0	5-3-1-1	L1
Carolina	67	31	26	5	5	193	204	72	18-10-2-2	13-16-3-3	4-4-1-1	L2
Toronto	67	29	28	5	5	176	206	68	15-12-3-4	14-16-2-1	5-1-2-2	L2
Atlanta	67	28	28	4	7	187	216	67	14-14-1-5	14-14-3-2	3-6-0-1	W2
New Jersey	66	30	32	3	1	140	170	64	15-14-2-1	15-18-0-1	8-2-0-0	L1
Florida	67	27	31	5	4	168	186	63	13-13-5-3	14-18-0-1	3-5-2-0	W1
NY Islanders	68	26	32	5	5	188	215	62	15-15-1-4	11-17-4-1	5-2-2-1	W1
Ottawa	66	23	34	5	4	149	207	55	11-18-2-3	12-16-3-1	5-4-0-1	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	68	43	16	4	5	220	158	95	23-7-1-4	20-9-3-1	6-4-0-0	W3
d-Detroit	67	39	20	5	3	220	195	86	17-11-3-2	22-9-2-1	4-4-1-1	L4
d-San Jose	67	39	22	4	2	188	169	84	18-11-2-1	21-11-2-1	8-2-0-0	W1
Chicago	67	37	24	2	4	220	186	80	21-14-0-0	16-10-3-3	8-2-0-0	L1
Dallas	66	36	23	3	4	184	186	79	18-9-2-3	18-14-1-1	4-5-1-0	W2
Los Angeles	67	37	25	3	2	185	164	79	20-11-2-0	17-14-1-2	5-3-1-1	W1
Calgary	68	35	24	3	6	207	193	79	21-10-1-3	14-14-2-3	7-2-0-1	W2
Phoenix	68	34	23	7	4	194	198	79	16-11-4-2	18-12-3-2	4-4-1-1	L1
Minnesota	67	35	25	2	5	176	176	77	17-13-1-3	18-12-1-2	5-3-1-1	W1
Nashville	67	33	24	6	4	169	159	76	15-7-4-3	18-18-1-1	3-5-1-1	L2
Anaheim	66	35	26	3	2	182	193	75	20-11-1-1	15-15-2-1	4-5-1-0	L1
Columbus	66	31	26	4	5	183	200	71	16-13-1-2	15-13-3-3	3-3-1-3	L6
St. Louis	67	30	27	5	5	186	201	69	19-11-1-3	11-17-3-2	3-7-0-0	W2
Colorado	66	26	32	7	1	187	229	60	14-16-4-0	12-16-3-1	1-7-1-1	L6
Edmonton	68	23	37	1	7	170	224	54	12-19-1-3	11-18-1-3	5-5-0-0	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Washington 5 Edmonton 0
Atlanta 3 Carolina 2 (OT)
Los Angeles 2 Detroit 1
St. Louis 4 Columbus 3 (OT)
Chicago at Tampa Bay
Calgary at Dallas
N.Y. Rangers at Anaheim
Florida 3 Chicago 2
Montreal 4 Boston 1
Minnesota 5 Colorado 2
Vancouver 4 Phoenix 3 (OT)
San Jose 3 Nashville 2 (OT)

Tuesday's results
Ottawa 2 New Jersey 1
Philadelphia 4 Edmonton 1
Pittsburgh 3 Buffalo 1
N.Y. Islanders 4 Toronto 3 (OT)

Tonight's games (all times Eastern)
Buffalo at Boston, 7 p.m.
Philadelphia at Toronto, 7 p.m.
Ottawa at Florida, 7:30 p.m.
Montreal at St. Louis, 8 p.m.
Minnesota at Nashville, 8 p.m.
Calgary at Phoenix, 9 p.m.
Vancouver at San Jose, 10:30 p.m.

CAPITALS 5, OILERS 0

First Period — No Scoring.
Penalties — Gilbert Edm (slashing) 9:34, Hannan Wash (interference) 14:28, Arnott Wash (hooking) 20:00.
Second Period
1. Washington, Ovechkin 26 (Arnott, Semin) 5:38 (pp)
2. Washington, Fehr 9 (Carlson, Ovechkin) 10:32 (pp)

Penalties — Jones Edm (kneeing) 4:14, Khabibulin Edm (delay of game; served by Giroux) 8:53, Plante Edm (tripping) 16:06.
Third Period
3. Washington, Ovechkin 27 (Johansson) 3:10
4. Washington, Fehr 10 (Chimera, Laich) 7:47
5. Washington, Semin 25 (Sturm, Wideman) 14:30

Penalties — Hendricks Wash (interference) 8:39, Semin Wash (slashing) 10:32, Paajarvi Edm (holding) 11:33.
Shots on goal by

Edmonton	10	7	5	—22
Washington	12	15	9	—36

Goal — Edmonton: Khabibulin (L,10-27-2); Washington: Holtby (W,6-2-2). **Power plays (goals-chances)** — Edmonton: 0-4; Washington: 2-5.
Attendance — 18,398 (18,398) at Washington.

LATE TUESDAY

ISLANDERS 4, MAPLE LEAFS 3 (OT)

First Period — No Scoring.
Penalties — Brown Tor, Haley NYI (roughing) 2:54, Grabovski Tor (high-sticking) 8:35, Grabner NYI (hooking) 10:38, New York bench (too many men; served by Tavares) 12:37.
Second Period
1. N.Y. Islanders, Konopka 2 (Jurcina, DiBenedetto) 2:15
2. Toronto, Aulie 1 (Brent, Brown) 2:49
3. N.Y. Islanders, Nielsen 9 (Okposo, MacDonald) 11:17
4. Toronto, Brent 8 (Armstrong) 18:44

Missed penalty shot — M.Martin NYI, 7:45.
Penalty — Haley NYI (roughing) 14:00.
Third Period
5. N.Y. Islanders, Grabner 27 (Comeau, Bailey) 8:40
6. Toronto, Kulemin 25 (Grabovski, Kessel) 9:48

Penalties — None.
Overtime
7. N.Y. Islanders, Comeau 19 (Martinek, Nielsen) 4:02

Penalties — None.
Shots on goal by

Toronto	9	9	8	1—27
N.Y. Islanders	11	14	12	3—40

Goal — Toronto: Reimer (L,12-5-4); N.Y. Islanders: Montoya (W,6-2-2). **Power plays (goals-chances)** — Toronto: 0-3; N.Y. Islanders: 0-1.
Attendance — 9,217 (16,234) At Uniondale, N.Y.

CANADIENS 4, BRUINS 1

First Period
1. Montreal, Eller 6 (Moen, Mara) 8:21
2. Montreal, Eller 7 (Moen, Kostitsyn) 17:37

Penalties — Boychuk Bos (fighting), White Mtl (instigating, fighting, misconduct) 3:11, Seguin Bos (tripping) 5:51.
Second Period
3. Montreal, Gionta 24 (Gomez, Plekanec) 7:15 (pp)
4. Montreal, Wisniewski 8 (Cammalleri, Desharnais) 15:09 (pp)

Penalties — Plekanec Mtl (kneeing) 0:55, Kelly Bos (hooking) 6:41, Hamrlik Mtl (tripping) 9:26, Montreal bench (too many men; served by Pacioretty) 11:34, Boychuk Bos (tripping) 14:31, Chara Bos (interference major, game misconduct) 19:44.
Third Period
5. Boston, Lucic 29 (Krejci) 13:21

Missed penalty shot — Marchand Bos, 4:08.
Penalty — Lucic Bos (roughing) 17:34.

Shots on goal by

Boston	11	6	14	—31
Montreal	9	11	5	—25

Goal — Boston: Rask (L,9-12-1). Montreal: Price (W,32-21-6).
Power plays (goals-chances) — Boston: 0-4. Montreal: 2-5.
Attendance — 21,273 (21,273) at Montreal.

CANUCKS 4, COYOTES 3 (OT)

First Period
1. Phoenix, Belanger 10, 3:27
2. Phoenix, Doan 15 (Belanger, Schlemko) 10:55 (pp)
3. Vancouver, Hamhuis 5 (Samuelsson, D.Sedin) 11:12

Penalty — D.Sedin Vcr (tripping) 9:05.
Second Period
4. Vancouver, H.Sedin 16 (Kesler, Ehrhoff) 9:14 (pp)
5. Vancouver, Salo 2 (H.Sedin, D.Sedin) 12:17
6. Phoenix, Korpikoski 15 (Belanger, Rozsival) 19:17

Penalties — Korpikoski Pho (delay of game) 8:40, H.Sedin Vcr (hooking) 14:06.
Third Period
No Scoring.
Penalties — Oreskovich Vcr (tripping) 2:43, Belanger Pho (cross-checking) 9:46.
Overtime
7. Vancouver, Hamhuis 6 (H.Sedin, D.Sedin) 2:13

Penalties — None.
Shots on goal by

Vancouver	16	14	8	1—39
Phoenix	10	15	7	2—34

Goal — Vancouver: Luongo (W,31-13-7); Phoenix: Bryzgalov (L,28-17-8). **Power plays (goals-chances)** — Vancouver: 1-2; Phoenix: 1-3.
Att. — 12,843 (17,135) at Glendale, Ariz.

SCORING LEADERS

	G	A	Pt
D.Sedin, Vcr	34	50	84
Stamkos, TB	41	38	79
H.Sedin, Vcr	16	63	79
St. Louis, TB	24	52	76
Ovechkin, Wash	25	44	69
Zetterberg, Det	18	51	69
Perry, Ana	31	37	68
Crosby, Pgh	32	34	66
Iginla, Cal	30	36	66
Toews, Chi	27	38	65
Kopitar, LA	20	45	65
B.Richards, Dal	24	39	63
E.Staal, Car	29	33	62
Sharp, Chi	33	28	61
Eriksson, Dal	23	38	61
Giroux, Pha	21	40	61
Selanne, Ana	21	39	60

Not including last night's games

SOCCER

WOMEN'S CYPRUS CUP

At Paralimni, Cyprus
Yesterday's results
Championship
Canada 2 Netherlands 1 (extra time)
Third Place
France 3 Scotland 0
Fifth Place
England 2 South Korea 0
Seventh Place
Mexico 5 New Zealand 0
Ninth Place
Italy 2 Russia 0
11th Place
Switzerland 2 Northern Ireland 1

CHAMPIONS LEAGUE

ROUND OF 16
Second Leg
Yesterday's results
Schalke (Germany) 3 Valencia (Spain) 1 (Schalke advances on 4-2 aggregate)
Tottenham (England) 0 AC Milan (Italy) 0 (Tottenham advances on 1-0 aggregate)

ENGLAND

PREMIER LEAGUE
Yesterday's results
Everton 1 Birmingham 1

CRICKET

WORLD CUP

GROUP A

	MP	W	T	L	NR	Pt
New Zealand	4	3	0	1	0	6
Pakistan	4	3	0	1	0	6
Australia	3	2	1	0	1	5
Sri Lanka	4	2	1	1	1	5
Zimbabwe	3	1	0	2	0	2
Canada	**4**	**1**	**0**	**3**	**0**	**2**
Kenya	4	0	0	4	0	0

GROUP B

	MP	W	T	L	NR	Pt
India	3	2	1	0	0	5
England	4	2	1	1	0	5
South Africa	3	2	0	1	0	4
West Indies	3	2	0	1	0	4
Bangladesh	3	1	0	2	0	2
Ireland	3	1	0	2	0	2
Netherlands	3	0	0	3	0	0

Yesterday's result
At New Delhi
India (191 for five) def. Netherlands (189, all out) by five wickets.
Today's match
At Kandy (Pallekele), Sri Lanka
Sri Lanka vs. Zimbabwe
Tomorrow's matches
At Mohali (Chandigah), India
West Indies vs. Ireland
At Chittagong, Bangladesh
Bangladesh vs. England

MLB

SPRING TRAINING

AMERICAN LEAGUE

	W	L	Pct
Kansas City	8	4	.667
Seattle	6	4	.600
Texas	7	5	.583
Detroit	8	6	.571
Baltimore	5	4	.556
Boston	6	5	.545
Minnesota	6	5	.545
L.A. Angels	6	6	.500
N.Y. Yankees	5	5	.500
Oakland	5	7	.417
Cleveland	4	7	.364
Tampa Bay	4	7	.364
Toronto	4	7	.364
Chicago W.Sox	3	7	.300

NATIONAL LEAGUE

	W	L	Pct
San Francisco	10	4	.714
Washington	7	3	.700
Cincinnati	8	4	.667
St. Louis	7	4	.636
Atlanta	7	5	.583
Colorado	7	5	.583
Milwaukee	7	5	.583
Philadelphia	7	6	.538
Florida	5	5	.500
Pittsburgh	6	6	.500
San Diego	5	6	.455
N.Y. Mets	5	7	.417
L.A. Dodgers	5	8	.385
Arizona	5	10	.333
Chicago Cubs	4	8	.333
Houston	3	10	.231

Yesterday's results
Tampa Bay 4 Toronto 3 (11 ings)
Baltimore (ss) 11 Minnesota 2
Cincinnati 15 San Diego (ss) 5
Colorado 8 L.A. Angels 1
Kansas City 13 Chicago Cubs 4
Milwaukee 11 Arizona 8
N.Y. Mets 7 Houston 2
Philadelphia 5 Detroit 3
San Diego (ss) 9 Cleveland 2
San Francisco 4 Chicago White Sox 2
Seattle 9 L.A. Dodgers 4
St. Louis 6 Atlanta 1
Texas 9 Oakland 2
Washington 8 Florida 4
Baltimore (ss) vs. Boston
Pittsburgh vs. N.Y. Yankees

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
dx-Boston	46	16	.742	—
dx-Chicago	45	18	.714	1½
d-Miami	43	21	.672	4
Orlando	40	24	.625	7
Atlanta	37	27	.578	10
New York	33	29	.532	13
Philadelphia	33	31	.516	14
Indiana	27	36	.429	19½
Charlotte	26	38	.406	21
Milwaukee	24	38	.387	22
Detroit	23	41	.359	24
New Jersey	20	43	.317	26½
Toronto	17	47	.266	30
Washington	16	47	.254	30½
Cleveland	12	51	.190	34½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	51	12	.810	—
Dallas	46	17	.730	5
d-L.A. Lakers	46	19	.708	6
d-Oklahoma City	40	23	.635	11
Denver	37	27	.578	14½
Portland	37	27	.578	14½
New Orleans	37	29	.561	15½
Memphis	36	29	.554	16
Phoenix	33	29	.532	17½
Utah	34	31	.523	18
Houston	33	33	.500	19½
Golden State	28	36	.438	23½
L.A. Clippers	25	40	.385	27
Sacramento	15	46	.246	35
Minnesota	15	50	.231	37

d – division leader; **x** — clinched playoff berth

Last night's results
Utah 96 Toronto 94
Chicago 101 Charlotte 84
L.A. Clippers 108 Boston 103
New Jersey 94 Golden State 90
Oklahoma City 110 Philadelphia 105 (OT)
New York at Memphis
Cleveland at Milwaukee
Indiana at Minnesota
Dallas at New Orleans
Detroit at San Antonio
Orlando at Sacramento

Tuesday's results
Golden State 95 Cleveland 85
L.A. Lakers 101 Atlanta 87
Milwaukee 95 Washington 76
Philadelphia 110 Indiana 100
Phoenix 113 Houston 110
Portland 105 Miami 96

Tonight's games
All times Eastern
L.A. Lakers at Miami, 7 p.m.
New York at Dallas, 9:30 p.m.
Denver at Phoenix, 10:30 p.m.

JAZZ 96, RAPTORS 94

UTAH (96)
Miles 9-17 3-3 23, J.Evans 1-4 0-0 2, Jefferson 17-24 0-0 34, Harris 8-19 5-7 23, Bell 2-8 0-0 5, Favors 1-3 1-2 3, Hayward 0-3 0-0 0, Fesenko 1-4 1-2 3, Watson 1-3 0-0 3, Cousin 0-0 0-0 0. Totals 40-85 10-14 96.
TORONTO (94)
J.Johnson 3-4 1-1 7, A.Johnson 1-3 0-0 2, Davis 5-13 2-2 12, Calderon 7-12 0-0 14, DeRozan 4-16 9-11 17, Weems 6-10 2-2 16, R.Evans 1-2 0-4 2, Barbosa 2-8 2-2 7, Bayless 4-6 0-0 9, Wright 0-0 2-2 2, Dorsey 3-5 0-0 6. Totals 36-79 18-24 94.

Utah	31	21	18	26	—96
Toronto	26	24	28	16	—94

3-Point Goals—Utah 6-18 (Harris 2-4, Miles 2-4, Watson 1-3, Bell 1-5, Hayward 0-2), Toronto 4-9 (Weems 2-2, Bayless 1-1, Barbosa 1-2, DeRozan 0-1, Calderon 0-3). Fouled Out—None. Rebounds—Utah 47 (Jefferson 8), Toronto 51 (R.Evans 11). Assists—Utah 21 (Harris 5), Toronto 18 (Calderon 6). Total Fouls—Utah 19, Toronto 20. A—14,425 (19,800) at Toronto.

SCORING LEADERS

	G	FG	FT	PTS	AVG
Durant, Okla	58	538	449	1630	28.1
James, Mia	62	576	404	1632	26.3
Stoudemire, NY	61	607	378	1602	26.3
Wade, Mia	60	550	385	1535	25.6
Anthony, Den-NY	58	510	394	1466	25.3
Bryant, LAL	65	586	374	1633	25.1

Not including last night's games

CURLING

THE BRIER

At London, Ont.

Province (Skip)	W	L
Alberta (Martin)	7	1
Manitoba (Stoughton)	7	1
Ontario (Howard)	7	2
N.L. (Gushue)	7	2
Northern Ont. (Jacobs)	4	4
Saskatchewan (Laycock)	4	5
Nova Scotia (Adams)	3	5
NWT/Yukon (Koe)	3	5
B.C. (Cotter)	3	6
New Brunswick (Grattan)	2	6
Quebec (Gagne)	2	6
P.E.I. (MacKenzie)	1	7

Yesterday's results
Draw 12
Alberta 11 Saskatchewan 3
British Columbia 8 Quebec 7 (extra end)
Newfoundland & Labrador 9 Nova Scotia 3
Northern Ontario 5 Ontario 4 (extra end)
Draw 13
Manitoba 7 Saskatchewan 6 (extra end)
Newfoundland & Labrador 6 New Brunswick 5
Northwest/Yukon Territories 6 British Columbia 5
Ontario 11 Prince Edward Island 1
Draw 14
Northwest/Yukon Territories vs. Quebec; Manitoba vs. Alberta; New Brunswick vs. Nova Scotia; Northern Ontario vs. P.E.I.
Tuesday's late results
Draw 11
British Columbia 6 New Brunswick 5
Saskatchewan 8 Prince Edward Island 7
Newfoundland & Labrador 8 Northwest/Yukon Territories 3
Ontario 7 Manitoba 4
Today's games
All times Eastern
Draw 15, 9:30 a.m.
Newfoundland & Labrador vs. Manitoba; Ontario vs. Northwest/Yukon Territories; British Columbia vs. Prince Edward Island; New Brunswick vs. Saskatchewan.
Draw 16, 2:30 p.m.
Northern Ontario vs. New Brunswick; Nova Scotia vs. Prince Edward Island; Alberta vs. Northwest/Yukon Territories; Manitoba vs. Quebec.
Draw 17, 7:30 p.m.
British Columbia vs. Nova Scotia; Saskatchewan vs. Northern Ontario; Newfoundland & Labrador vs. Quebec; Alberta vs. Ontario.
End of Round Robin
Tomorrow's games
Tiebreakers (if required)
One Draw — 2:30 p.m.
Two Draws — 9:30 a.m. and 2:30 p.m.
Three Draws — 9:30 a.m., 2:30 and 7:30 p.m.
Page Playoffs
One vs. Two, 7:30 p.m.

WORLD JUNIOR CHAMPIONSHIPS

At Perth, Scotland
MEN
Yesterday's results
Round Robin
Seventh Draw
Canada 11 Finland 7
Scotland 9 Czech Republic 7
Sweden 8 China 3
Switzerland 8 Norway 3
U.S. 8 Denmark 6
Eighth Draw
Canada 7 China 2
Norway 8 Scotland 6
Sweden 6 Czech Republic 4
Switzerland 5 Denmark 2
U.S. 5 Finland 1
WOMEN
Yesterday's results
Round Robin
Seventh Draw
Canada 6 Russia 3
Scotland 10 Japan 2
Sweden 11 France 2
Switzerland 6 Czech Republic 3
U.S. 7 Norway 1

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Sports in brief

Paul misses another game

NBA. Chris Paul was scratched from a second straight crucial game in the New Orleans Hornets' quest to remain in the playoff hunt when he was ruled out from last night's matchup against the Dallas Mavericks. Hornets coach Monty Williams said he could not project a return date for Paul.

THE ASSOCIATED PRESS

NFL, union talking money

NFL. Players' union leader DeMaurice Smith indicated yesterday that NFL owners have lowered from $1 billion US to $800 million the amount of additional revenues they want to take off the top of their $9-billion business. He also was clear he considers the lower figure still too high, because the league is not offering to turn over enough financial information.

THE ASSOCIATED PRESS

Rivalry grows

Jays have third straight game against Rays decided by a walkoff single, with Tampa winning in the 11th

If their regular-season games are anything like their spring-training matchups, Rays and Blue Jays will be a great rivalry this season.

Tampa Bay minor-league shortstop Omar Luna scored the game-tying run in the bottom of the ninth inning, then won it with an RBI single in the 11th as the Rays defeated Toronto 4-3 yesterday.

It was the third time in a row that a spring game between the two teams was decided by a walkoff single.

On Tuesday, the Rays edged the Blue Jays 3-2 in 10 innings. On March 2 in Dunedin, Toronto won 5-4 in the bottom of the ninth.

"These games have been very interesting with Toronto the last couple of days," Rays manager Joe Maddon said. "I anticipate the same kind of game during the season when both varsities are playing."

Brett Cecil went four innings for the Blue Jays, allowing three hits and two runs while striking out two. Alex Cobb (1-1) got the win.

THE ASSOCIATED PRESS

NICK LAHAM/GETTY IMAGES

Brett Cecil

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DATES: Thursday, March 17, 2011 10:00am to 9:00pm
Friday, March 18, 2011 10:00am to 8:00pm
Saturday, March 19,2011 9:00am to 6:00pm
Sunday, March 20, 2011 10:00am to 5:00pm
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Miscellaneous

CANADA
PROVINCE OF QUEBEC
DISTRICT OF BEDFORD

NO:455-04-001838-117

SUPERIOR COURT
FAMILY DIVISION

MARYSE OUIMET, residing and domiciled at 20 Depot Street, in the town of Bedford district of Bedford, province of Quebec, J0J 1A0
Plaintiff
V.
ISBEL DIAZ MORALES, unknown address
Defendant

SUMMONS
(Art. 138 C.p.c)

BY ORDER OF THE COURT:

Notice is given to Defendant that the plaintiff has filed a motion to institute proceedings, in the office of the following court: Superior Court of Cowansville in the district of Bedford.

A copy of the motion and of notice to the defendant has been left for the defendant at the office of the Court, at Cowansville Court house located at 920, Principale Street, Cowansville (Québec) J2K 0E3.

Notice is also given that the motion to institute proceedings will be brought for a ruling before the Court on **May 17th 2011**, at 9:00 AM, in room 1.01 of the Cowansville Court House.

At Montreal, on March 8th 2011

(SIGNATURE)
HON. JUDGE GENEVIÈVE MARCOTTE

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ANNOUNCEMENTS

Community Events

Celebrate a reunion of MUSICAL HITS of the 70's & 80's at the OFFICIAL 'OLDIES' SPRING DANCE of TORONTO! Empress Arlanna invites you to this community event for ALL upscale, mature clientele on Sat.April23rd, Easter Long Weekend! For info visit www.IslandSpringDance.com!

MISCELLANEOUS

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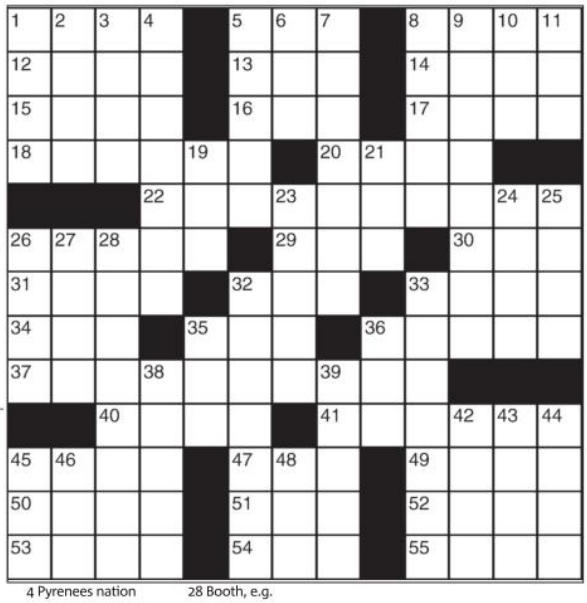
Crossword



Across

1 Houston acronym
5 Have a bug
8 Urban pall
12 Black, in poetry
13 Expert
14 Hemingway nickname
15 Join with a blowtorch
16 Ultramodernist
17 Formerly, formerly
18 Moe, Larry or Shemp
20 Croon
22 Property
26 Get more ammo
29 Shade source
30 Trigger's rider
31 — Major (constellation)
32 Pigs' digs
33 Existed
34 That man's
35 Buck's mate
36 Carries
37 Integer, e.g.
40 Daytime drama
41 Cruel
45 Too
47 Couric's network
49 Thought
50 Cut of pork
51 Reaction to skyrockets
52 Standard
53 Undersized
54 Aye opposer
55 Icky stuff

Down

1 Information
2 Help underhandedly
3 One's performance
4 Pyrenees nation
5 Breathing problem
6 Anger
7 Without precision
8 Exhausted
9 "Dennis the Menace" girl
10 Chances, for short
11 "Roscoe"
19 Jewel
21 Doctrine
23 "— Eat Cake"
24 Ripped
25 Spud's buds
26 Rhine feeder
27 Huron neighbor
28 Booth, e.g.
32 Trace
33 Employed
35 "CSI" evidence
36 Commandment count
38 Daft
39 Full, as eyebrows
42 "American —"
43 Infamous fiddler
44 Moist
45 Matterhorn, for one
46 Reed or Rawls
48 Feathery neckpiece

▶ Yesterday's answer

Sudoku

	7	9				4		
			9	1				3
5					4			1
		7	1		6		3	
	3			4			2	
	8		3		2	6		
7			4					8
3				2	8			
		5				1	7	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	8	3	2	4	6	7	5	9
4	7	9	8	5	1	2	6	3
5	6	2	3	7	9	1	4	8
2	4	7	1	3	5	8	9	6
6	9	1	4	8	2	5	3	7
8	3	5	9	6	7	4	1	2
7	1	8	5	9	3	6	2	4
9	5	4	6	2	8	3	7	1
3	2	6	7	1	4	9	8	5

Send a KISS

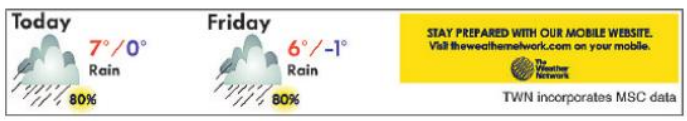
Show some love! Send a note to somebody special at kiss@metronews.ca

Numniblet,
I wake up every morning with you on my mind & even though your here, i miss you like your in nfld. your my kindred spirit, my best friend, my lover, my wife.
LOVE LIL CAT XOXOXOXO

Happy 17th wedding anniversary to you, Heart! Here's to more loving years with our angels together! Cheers! love you very much!
LOVE & KISSES, MAMAFE

Sarah, you are the best! Happy 12 months babi. you are so special and you make me soo happy. i better get a hugeeeee kiss and hug :)
SANFOUR

Kumquat,
You're the best little fruit sister I could ever have! Stay plump =D
LOVE, THE QUEEN



Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Love is in the air, today. Is there someone you secretly fancy but haven't yet had the chance to approach? That chance is about to arrive. Be ready!

♉ Taurus April 21-May 21 You will find it remarkably easy to get your way today. If you use charm rather than coercion, almost anyone will do almost anything you ask — without any hesitation.

♊ Gemini May 22-June 21 No matter how much others might question your beliefs, you are comfortable with them and that is the only thing that matters. The more you look at the world today, the more it will make sense, and the happier you will be.

♋ Cancer June 22-July 22 Make sure you get value for money today. It's not like you to be easygoing about how your cash is spent, but for some reason you don't seem to care how much things are costing you. You should.

♌ Leo July 23-Aug.23 It's one of the best days of the year for affairs of the heart. Make an effort to reach out to those you love. Some people seem to believe you love yourself more than them. Prove them wrong.

♍ Virgo Aug. 24- Sept. 22 Don't work so hard. Venus, planet of harmony, in the work and wellbeing area of your chart urges you to rest, relax and restore the equilibrium between mind, body and emotions.

♎ Libra Sept. 23-Oct. 23 You won't be shy about letting those you care for know how much they mean to you. Creatively, too, this is a good day. Let your artistic side come out.

♏ Scorpio Oct. 24-Nov. 22 You may have been too busy to spend much quality time with family and friends, but that's OK because you are about to make up for it. You will happily sacrifice your desires for the needs of those around you.

♐ Sagittarius Nov. 23-Dec. 21 You will want to express your feelings in ways that can cast no doubt about what you are trying to say. This is a good time to write love letters or to pick up the phone and say, "I love you."

♑ Capricorn Dec. 22-Jan. 20 You may be in the middle of a winning streak, but don't take your good fortune for granted and spend too much money on things you don't need. What happened to that Capricorn caution? You'll need it.

♒ Aquarius Jan. 21-Feb. 18 Physically and emotionally, you feel good thanks to Venus in your sign. You will feel even better if you get out and meet as many people as you can. You are a social animal.

♓ Pisces Feb. 19-March 20 Try not to get too serious about life, today. There will be time to ponder when you have completed your current task. For now, it's about details. Stay focused. SALLY BROMPTON

Caption contest

FRANCOIS MORI/ THE ASSOCIATED PRESS

WIN!

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Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

TERRY PIERSON/ THE ASSOCIATED PRESS

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